

I. Look at the words in the box and write the suitable word for each picture.

get some sleep eat fruit and vegetables eat fast food drink soda healthy unhealthy

		
1.	2.	3.
		
4.	5.	6.

II/ Choose the best option

- I drink ----- orange juice every morning.
- My mother eats ----- fruit after lunch.
- She doesn't eat ----- meat.
- My sister bought ----- oranges and apples yesterday.
- I don't do ----- exercise so I am getting fat.
- We ----- drink ----- water every day.
- We ----- eat ----- vegetable and fruit. It's good for our health.
- You ----- do morning exercise to be healthier.
- We ----- eat fresh food.
- They ----- get some rest now.
- You ----- drink ----- beer. It isn't good for your health.
- We ----- eat ----- fast food.
- They ----- t play online games ----- more. It can be addictive.
- I eat fast food? No, you -----.
- I sleep more? Yes, you -----.
- I do morning exercise? Yes, you -----.
- What ----- I do to keep my body fit?