

The Early History of Salt

Questions 1-10

Complete the notes below.

Write **ONE WORD ONLY** for each answer.

The Early History of Salt

Introduction

- Salt is essential for human 1

Ancient Rome

- The word 2 comes from the Latin word's solarium argetum, which was used to describe the payment to Roman soldiers.

Ancient Sweden

- Animals were kept in the local 3 at the right time of year.
- Fresh meat was only available in 4
- Salt has been used widely: we can tell from the diet of the 5 in Sweden.
- 6 Consumption increased rapidly because the food was much too salty.

Salt source

- People mainly extract salt from oceans and 7 in the basins.
- Salt from spring water is more 8 and purer compared to that from sea water

Salt distribution

- In ancient Sweden
- Locals needed to protect the 9 by which they imported salt.
- In other ancient countries
- People carrying salt around were seen as a natural means of 10