

Teuku : Hi Sindi, it's 7:30 in the morning. The class hasn't started yet. What are you writing? Did you forget to do your homework?

Sindi : Of course not. I'm creating a healthy food menu that I'm going to eat.

Teuku : Wow, it looks interesting.

Sindi   : Sure. Healthy food is essential for our bodies.

Teuku   : Yes, that's right. I eat healthy food, too. What is your favourite food, Sindi? |

Sindi : I love the combination of salmon and broccoli. And drink orange juice. What about you?

Teuku   : Do you use brown rice?

Sindi : No. I don't use brown rice. It doesn't taste good. I don't like having brown rice in my meals.

Teuku : Do you know that brown rice is a source of complex carbohydrates and it's good for your body?

Sindi : 1) But I don't like it. I'd better have more vegetables. What about your healthy eating?

Teuku : 2)   , with fried chicken, spinach and broccoli. And I like to drink yogurt.

Sindi : 3)    you eat fried chicken, it is not healthy.

Teuku : Yes, 4)   . I eat a lot of vegetables to make them healthier.

Sindi : 5)   . Because many other substances can harm your health.

Teuku : Okay, but I like it. But I'll think about your opinion.