

In this lesson, students will reflect on their rights and responsibilities in relationships. They will learn how to respect their own and each other's rights.

## Listen

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5. You overhear five conversations.  
In which conversation (1-5) are the people

- on the beach?
- at a picnic?
- on the bus?
- at school?
- at home?

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6. Listen again. Are the people responsible or irresponsible?



## Useful language

- We use **have to** to describe obligation. It is similar to **must**.  
*You have to buy a ticket to ride the bus.*
- The negative of **have to** is **don't have to**. It means there is no obligation.  
*We don't have to turn the music down before 11 PM.*
- Remember that **mustn't** means **do not**. It expresses prohibition.  
*You mustn't ride the bus without buying a ticket. It's not allowed!*

Name: \_\_\_\_\_ Date: \_\_\_\_\_

## Happy & Healthy Relationships

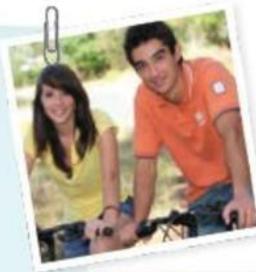
Q N O I T A V I T O M E C N J C A E L A G L L F	positive attitude
B N W F G X B B T X Q E U A C F K H E G U E S S	goal-setting
N O D E F A J F R E E D O M L P F O Z J I D R J	conversation
P I B E Q G D T K E T G W U S W D N K M A O I E	fulfillment
R T P F Z A G O A L S E T T I N G E K F T M A P	partnership
V A O J Y S S E R G O R P V T F J S J N T E F O	be yourself
X S H O M M H O O Y S L S M J A G T C H I L L S	high-energy
N R C Y F Z T I M E L B Z J O I G Y T K A O E I	role model
F E D X C S R O A N I V V K B I E I X T V R S T	leadership
F V V X D H W L Y X S I E N H T R O P P U S R I	motivation
O N L Q R A D R V K T Z H M D F D Y E B Q X U V	challenge
E O J G P R Y V S T E O F M D W K P E A C E O E	progress
V C C N Z E R Q W L N K F R W Z L W U N V V Y A	healthy
O K P I H S R E D A E L J G H E A L T H Y U E T	honesty
L P I H S R E N T R A P M V U Q R N T F S V B T	support
E Q I A L F A P G S M T B A D X F B U L O J S I	freedom
G Z P X Q S U C C E S S G L Z S J P B E E L U T	
X R Y V K C H V W K X E A U R M Z Z S M R G N U	
G F U L F I L L M E N T H E Z B J E Z X Q G R D	
M Q Y Y G R E N E H G I H S X W G F A I Y N D E	
W E S Z M G P F A T L S N I C E B V B C G M Z Z	
H P A T V Y R K U T H K K F L Z C X O F X L D L	
B W D U Q C H A L L E N G E T L W N H K V X Y I	
Y V R L W E H W W H K Z H T P U B K P X N D E S	

9. Read the rights a group of teenagers wrote. Can you think of one more to add to the list?

### Your rights in a relationship

Happiness is something we make by being kind and loving to the special person in our life. Here are our rules for a strong relationship. In a relationship, you have the right:

1. to choose your own friends. Nobody can decide this for you.
2. to follow your own path. The individual wishes of each person are important in a relationship.
3. to be in a healthy relationship where you share your love as equals.
4. to give your opinions. Your partner must respect them even if he/she has a different opinion.
5. to not have sex or to practise safe sex, if you choose.
6. to be with your boyfriend or girlfriend without emotional, physical or sexual abuse.



### Glossary

- follow your own path: seguir tu camino
- wishes: deseos
- safe sex: sexo seguro

10. Look at *Your rights in a relationship* above. Are these rights easy or difficult to achieve?

### Focus on Vocabulary

11. Read the description. Then decide if the words in the box are adjectives or nouns.

A noun is a thing, like a *cat* or a *house*.

An adjective describes nouns. It is a word like *black* or *big*.

■ Argentina	■ fast	■ intelligent	■ sofa
■ bored	■ green	■ large	■ year
■ boy	■ guitar	■ neighbourhood	■ young
■ doctor	■ happy	■ round	■ zoo

12. Find the noun or adjective form of the words in the text in exercise 9. Remember to write in your notebooks.

#### Answers

abusive - abuse different - difference emotional - emotion friendly - friend happy - happiness healthy - health important - importance kind - kindness safe - safety strong - strength

Adjective	Noun
abusive	_____
_____	difference
_____	emotion
friendly	_____
happy	_____
_____	health
_____	importance
_____	kindness
_____	safety
_____	strength

### Listen

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5. Listen to these teenagers talk about their relationships.

a. What is the relationship between the speaker and the person they are describing?

Speaker 1: Speaker 3:  
Speaker 2: Speaker 4:

b. Match the behaviour with the correct dialogue 1-4.

brother and sister  
friends  
boyfriend and girlfriend  
mum and child

Treats people with special care and kindness.  
Says what they really feel.  
Accepts people how they are.  
Supports people when they need help.  
Shares good times and bad.

Respects ourselves and other people.  
Makes others feel important.  
Encourages people to do better.  
Listens with an open mind.  
Treats people with care and respect.

a  
Speaker 1: mum and child  
Speaker 2: friends  
Speaker 3: brother and sister  
Speaker 4: boyfriend and girlfriend

b  
Speaker 1: Respects ourselves and other people ...  
Speaker 2: Accepts people how they are ...  
Speaker 3: Listens with an open mind ...  
Speaker 4: Treats people with care and respect ...

3. Read and listen to the comments. Who is happy? Who is unhappy?

a. I like my boyfriend because he's very trustworthy. I know he will never do anything bad to me.

b. My girlfriend and I have an honest relationship. We tell each other everything.

c. My boyfriend is really affectionate. He always kisses me when he sees me.

d. I thought my boyfriend was loyal, but then I read lots of messages on his phone from other girls.

e. It's important to be respectful of your girlfriend in a relationship. I think that's why our relationship works.

f. I have lots of exams and they make me feel stressed, but my girlfriend is very understanding.

g. My brother has a tattooed girlfriend and my parents don't like it. They are not open-minded at all.

h. I thought it was impossible to get into university, but my girlfriend was very encouraging. She told me to try and she was right.

i. The only problem with my boyfriend is that he isn't very attentive. He never listens to me.

j. My boyfriend is from a rich family, but he isn't generous at all. He has never bought me a present!

k. My girlfriend is a very caring person. When I was ill, she was like a nurse to me.

l. I wanted to be in the girls' football team, but my boyfriend wasn't supportive at all. He actually laughed at me.

7. Read about Carlos and Rob and answer the questions below.



Carlos and Rob have been friends for about six months. Carlos has finally become the captain of the school basketball team. He goes to his friend's house to tell him.

Rob isn't interested in sports, but he's really pleased for Carlos and they talk about it a lot. Being on the basketball team makes Carlos feel great and Rob is happy for him.

Carlos wants Rob to watch one of his games, but they are always at the same time as Rob's computer class. Carlos feels disappointed, but he knows that Rob loves computers. He never makes Rob do things that he doesn't like.

They talk about the situation and Rob agrees to come to the final, if Carlos's team are in it. Now they're both happy. Rob's offer makes Carlos want to win every game so that his friend will be at the big match.

a honest, understanding, respectful, encouraging, supportive

a. What words from exercise 3 could describe Carlos and Rob's relationship?

b. Tick the sentences that are true:

1. Rob and Carlos have different interests, but still support one another in the things that are important to them.
2. They don't feel they need to give up their individual interest.
3. Rob has to like basketball because Carlos does.
4. They are honest with each other.