

**C** Read the incomplete sentence below. Then look at each gap carefully. What type of word do you need for each gap?

Butter and olive oil are both fats but olive oil is a (1) \_\_\_\_\_ fat and is better (2) \_\_\_\_\_ you because it (3) \_\_\_\_\_ your body from (4) \_\_\_\_\_.

**D** Find the words 1–5 in the text and match them to their definitions a–e.

- |                |                          |   |
|----------------|--------------------------|---|
| 1 evidence     | <input type="checkbox"/> | a something like water that you can pour easily         |
| 2 process      | <input type="checkbox"/> | b a series of things that you do to make something      |
| 3 liquid       | <input type="checkbox"/> | c reasons for believing that something is or isn't true |
| 4 civilisation | <input type="checkbox"/> | d an illness; something that makes you very sick        |
| 5 disease      | <input type="checkbox"/> | e a large group of people with its own culture          |