

Name: _____

Class: _____

BÀI TẬP PTNL ENGLISH GRADE 9

UNIT 3: HEALTHY LIVING FOR TEENS

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LANGUAGE FOCUS



PRONUNCIATION

I. Circle the word having the underlined part pronounced differently in each line. Then listen and repeat.

1. A. <u>h</u> elp	B. <u>h</u> obby	C. <u>h</u> our	D. <u>h</u> ealth
2. A. per <u>h</u> aps	B. ve <u>h</u> icle	C. a <u>h</u> ead	D. en <u>h</u> ance
3. A. <u>t</u> ired	B. se <u>r</u> ious	C. a <u>v</u> erage	D. ge <u>n</u> eral
4. A. <u>h</u> omework	B. <u>h</u> andmade	C. <u>h</u> eavy	D. <u>h</u> onour
5. A. pa <u>r</u> ent	B. e <u>v</u> ery	C. i <u>r</u> on	D. fo <u>r</u> eign

II. Choose the word that differs from the other three in the position of primary stress in each of the following questions.

1. A. advice	B. exam	C. maintain	D. schedule
2. A. delay	B. habit	C. healthy	D. ready
3. A. several	B. distraction	C. happiness	D. worrying
4. A. accomplish	B. assignment	C. counsellor	D. attention
5. A. anxiety	B. environment	C. additional	D. optimistic

VOCABULARY & GRAMMAR

III. Use the words in the box to complete the sentences.

priority goal mental physical

well-balanced optimistic due

- Some teens struggle with stress, pressure and other _____ health problems.
- _____ people always believe that good things will happen.
- She gives _____ to study. She always finishes her homework before doing anything else.

4. Elena submitted her assignment long before the _____ date.
5. Doing exercise regularly helps you improve your _____ health.
6. Some people work too much and cannot maintain a _____ life.
7. You can't accomplish your _____ of entering the university if you are lazy.

IV. Use the words provided in brackets in their correct forms to complete the sentences.

1. It's necessary for teens to learn time _____ skill. (manage)
2. Those with a _____ lifestyle often lead a happier life. (health)
3. The counsellor gave the boy advice on how to avoid stress and _____. (anxious)
4. Don't hesitate to ask for _____ support from your teacher and friends. (add)
5. You shouldn't study continuously. Instead, take breaks _____ to give your brain a rest. (appropriate)
6. Parents often _____ the needs of their children. (priority)
7. Tom finds it hard to study online because there are so many _____. (distract)

V. Choose the correct answer A, B, C, or D to complete the sentences.

1. Lucy met the school _____ to ask for advice on how to manage time better.
A. parent B. counsellor C. students D. children
2. Tim seems to be _____ out these days. He's very anxious and unable to relax.
A. stressed B. pressed C. distracted D. worked
3. When is the _____ date for submitting the project report?
A. recent B. time C. due D. play
4. Mary _____ telling Tom the news. She wanted to wait for the right moment.
A. cancelled B. continued C. delayed D. kept
5. The school managers give _____ to improving education quality. They consider it more important than anything else.
A. way B. priority C. help D. support
6. She was not in a good _____ because of the argument with her friend.
A. temperature B. day C. moment D. mood
7. To manage your time better, you should set a daily _____ and follow it.
A. time B. work C. deadline D. routine

VI. Complete the sentences with the correct answer A, B, C, or D.

1. If you _____ harder, you can gain a better score in the final exam.
A. study B. studied C. will study D. would study
2. If you see the sign "No entrance", you _____ not enter the area.
A. may B. might C. must D. would
3. You may _____ burnt if you play with fire.
A. got B. getting C. to get D. get
4. You _____ hand in your paper before the due date if you finish it.
A. must B. can C. need D. have to
5. If you want to finish your homework on time, you _____ watch TV while doing it.
A. may not B. can C. should not D. will
6. If you don't set priority to work, you _____ accomplish your goal.
A. can't B. shouldn't C. mustn't D. don't
7. If I _____ all needed ingredients, I can make nice spaghetti.
A. had B. have C. having D. will have

VII. Find the mistake in the four underlined parts of each sentence and correct it.

1. If somebody helps you, you should to thank him/ her.
A B C D
2. If you felt stressed out, you should take a rest to improve your mood.
A B C D
3. You should wear a coat when going out if you can't want to catch a cold.
A B C D
4. You might be careful when using a knife if you don't want to hurt yourself.
A B C D
5. If you finished all your homework, you can go to the football stadium.
A B C D
6. If you stay up late every night, your health will suffered.
A B C D
7. You mustn't improve your study result if you spend all time playing computer games.
A B C D