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28 ★ Complete the dialogue with the *Past Simple* of the verbs in brackets.

A Hi Liz! **1)** _____ **(you/have)** a relaxing day yesterday?

B Not really! We **2)** _____ **(not/want)** to stay at home, so we **3)** _____ **(go)** to the sports centre.

A What **4)** _____ **(you/do)** there?

B We **5)** _____ **(try)** an archery class. It was great! I **6)** _____ **(not/shoot)** my arrows very straight, but at least I **7)** _____ **(not/miss)** the target!

A How about your brother?

B He **8)** _____ **(be)** terrible at first, but at the end of the lesson we **9)** _____ **(have)** a competition and he **10)** _____ **(win)**!

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29 a) ★ Complete the text with the Past Simple of the verbs in brackets.

Yoga probably **1)** _____ (**start**) about 5,000 years ago in India, but people **2)** _____ (**not/call**) it 'yoga' until thousands of years later. Around 500 B.C.E, a group of people **3)** _____ (**create**) a book called *The Gita*. The book tells us a lot of things about yoga. The most important yoga book is probably by a man called Patanjali, however. He **4)** _____ (**write**) down a lot of information about yoga in the 2nd century, and we still use his ideas today.

In the 19th century, people from the West **5)** _____ (**discover**) yoga when they **6)** _____ (**travel**) to India. Then in 1883, an Indian man called Swami Vivekananda **7)** _____ (**visit**) Europe and the USA and **8)** _____ (**talk**) about yoga. A lot of people **9)** _____ (**become**) interested in the idea, and some **10)** _____ (**go**) to India to learn more about it.

These days, it's easy to find yoga classes at community and sports centres all over the world. It's good for your body and your mind, and everyone can do it.

LIVEWORKSHEETS