Illnesses and injuries

1 MINOR ILLNESSES AND CONDITIONS

a Match the sentences with the pictures.

She has / She's got...

- a **cough** /kɒf/
- a **headache** /ˈhedeɪk/ (backache, earache, stomach ache, toothache)
- 1 a **rash** /ræʃ/
- a **temperature** /ˈtemprətʃə/
- **sunburn** /ˈsʌnbɜːn/
- She's **being sick**. / She's **vomiting**. /ˈvɒmɪtɪŋ/.
- She's **sneezing**. /ˈsniːzɪŋ/
- Her ankle's **swollen**. /ˈswəʊlən/
- Her back **hurts**. /hɜːts/ / Her back **aches**. /eɪks/
- Her finger's **bleeding**. /ˈbliːdɪŋ/

b 2.1 Listen and check.

c Match the illnesses and conditions with their cause or symptoms.

1 B He has **a sore throat**. /ˌsɔː ˈθrəʊt/
2 He has **diarrhoea**. /daɪəˈrɪə/
3 He **feels sick**. /ˌfɪlz ˈsɪk/
4 He's **fainted**. /ˈfeɪntɪd/
5 He has a **blister** on his foot. /ˈblɪstə/
6 He has **a cold**. /ə ˈkəʊld/
7 He has **flu**. /fluː/
8 He feels **dizzy**. /ˈdɪzi/
9 He's **cut himself**. /ˈkʌt hɪmself/

A He has a temperature and he aches all over.
B ~~It hurts when he talks or swallows food.~~
C It's so hot in the room that he's lost consciousness.
D He's been to the toilet five times this morning.
E He feels that he's going to vomit.
F He's sneezing a lot and he has a cough.
G He feels that everything is spinning round.
H He's been walking in uncomfortable shoes.
I He's bleeding.

d 2.2 Listen and check.

2 INJURIES AND MORE SERIOUS CONDITIONS

a Match the injuries with their causes or symptoms.

1 C He's **unconscious**. /ʌnˈkɒnʃəs/
2 He's had an **allergic reaction**. /əˌlɜːdʒɪk riˈækʃn/
3 He's **sprained** his ankle. /spreɪnd/
4 He has **high** (low) **blood pressure**. /ˈblʌd preʃə/
5 He has **food poisoning**. /ˈfuːd pɔɪzənɪŋ/
6 He's **choking**. /ˈtʃəʊkɪŋ/
7 He's **burnt** his hand. /bɜːnt/

A He spilt some boiling water on himself.
B He fell badly and now it's swollen.
C ~~He's breathing, but his eyes are closed and he can't hear or feel anything.~~
D It's 180 over 140 (or 18 over 14).
E He ate some prawns that were off.
F He was eating a steak and a piece got stuck in his throat.
G He was stung by a wasp and now he has a rash and has difficulty breathing.

Common treatments for...
a cut minor: put a plaster on it (*AmE* band aid) and antiseptic cream, major: have stitches
headaches take painkillers
an infection take antibiotics
a sprained ankle put ice on it and bandage it
an allergic reaction take antihistamine tablets / pills or use cream

b 2.3 Listen and check.

ACTIVATION Cover the illnesses, injuries, and conditions in **1a/c** (1–9) and **2a** (1–7). Look at the pictures, or causes and symptoms, and say the sentences.

3 PHRASAL VERBS CONNECTED WITH ILLNESS

a Match the **bold** phrasal verbs to their meanings.

Please **lie down** on the couch. I'm going to examine you.
After two hours queuing in the sun, I **passed out**, and when I **came round** I was lying on the floor.
It often takes a long time to **get over** flu.
A few minutes after drinking the liquid I had to run to the bathroom to **throw up**.

1 _____ faint
2 _____ put your body in a horizontal position
3 _____ vomit, be sick
4 _____ get better / recover from sth
5 _____ become conscious again

b 2.4 Listen and check. p.16

LIVEWORKSHEETS