

The Benefits of Bilingual Brain

Watch the video and do the activities:

Video: <https://www.youtube.com/watch?v=MMmOLN5zBLY>

A- Match the questions to their answers:

- 1- What is the video about?
 - 2- How many languages can a bilingual person speak?
 - 3- Name one benefit of being bilingual.
 - 4- What does the brain do when we learn a new language?
 - 5- How does being bilingual help our memory?
-
- a) A bilingual person can speak two languages.
 - b) Being bilingual helps improve memory by keeping the brain active and engaged, which strengthens memory-related areas of the brain.
 - c) The video is about the benefits of having a bilingual brain and how speaking more than one language affects the brain.
 - d) Cultural Awareness: Being bilingual provides a deeper understanding and appreciation of different cultures.
 - e) When we learn a new language, the brain creates new neural connections and enhances cognitive flexibility.

B- True or False?

- | | |
|--|--------------|
| 1- A bilingual person can speak only one language. | TRUE / FALSE |
| 2- Learning a new language is good for your brain. | TRUE / FALSE |
| 3- Being bilingual makes it harder to remember things. | TRUE / FALSE |
| 4- The brain gets better at solving problems when you are bilingual. | TRUE / FALSE |
| 5- The video is about the benefits of learning math. | TRUE / FALSE |
-

D- What about you? Answer the questions below using your own ideas:

- 1- Do you speak more than one language?
- 2- How do you feel when you speak another language?
- 3- Why do you think learning languages is important?

