

Set 1

PART 3 (5 marks)

Read the text and answer the questions.

The library is a wonderful place full of books and knowledge. It is a quiet place where people go to read, study, and learn new things. Libraries have many types of books, including fiction, non-fiction, and reference books.

Many libraries also offer other services. They have computers with internet access, magazines, and newspapers. Some libraries have special areas for children with storybooks and toys. Libraries often host events like book readings, study groups, and art classes.

To borrow books from the library, you need a library card. It is easy to get one; you just need to fill out a form and show some ID. With a library card, you can take books home for a few weeks. If you need more time, you can usually renew the book online or at the library.

Libraries are important because they give everyone a chance to learn and enjoy reading. They are free to use and open to everyone in the community. Next time you want to read a book or learn something new, visit your local library.

10. What can you find in a library?

- A. Only fiction books.
- B. Many types of books, including fiction, non-fiction, and reference books.
- C. Just newspapers and magazines.

11. What other services do libraries offer?

- A. Only book lending.
- B. Computers with internet access, magazines, and newspapers.
- C. Just a place to sit and rest.

12. What do you need to borrow books from the library?

- A. A passport.
- B. A library card.
- C. Money.

13. How can you get a library card?

- A. Fill out a form and show some ID.
- B. Buy it from a bookstore.
- C. Find it in a book.

14. Why are libraries important?

- A. They sell books at a discount.
- B. They give everyone a chance to learn and enjoy reading.
- C. They are only open to students.

Set 2

On average, a person needs around eight hours of sleep per day. For children below 12, they need around nine to twelve hours of sleep per day. Having enough sleep can help a person stay at a healthy weight and reduce serious health problems such as diabetes and heart disease. This is because enough sleep can strengthen a person's heart and improve their overall health.

In addition, sleep can significantly improve our memory and cognitive functions. This is because our brain processes and consolidates information while we sleep. With good sleep, our brain can focus better, which helps us perform better at school or work.

Moreover, getting enough sleep can also reduce stress and improve a person's mood. People who sleep well are often more alert and energetic during the day, allowing them to think more clearly and make better decisions. Good sleep habits can also contribute to better mental health and overall well-being.

Lastly, sleep can also enhance our physical health by supporting our immune system. This helps us fight off illnesses and recover faster when we are sick. Therefore, it is important to prioritize sleep as part of a healthy lifestyle.

On average, how many hours of sleep does an adult need?

- A. 5 hours
- B. 7 hours
- C. 8 hours

Having enough sleep can help us with the following except:

- A. increase stress
- B. improve memory
- C. reduce health problems

Which part of our body functions better with good rest?

- A. Hand
- B. Brain
- C. Eyes

Having enough sleep can make us feel ___ the next day.

- A. tired
- B. energetic
- C. lazy

Tommy is nine years old. How many hours of sleep should he need?

- A. 5 - 7 hours
- B. 9 - 12 hours
- C. 6 - 8 hours

Set 3

PART 3 (5 marks)

Read the text and answer the questions.

The beach is a popular place to visit during the summer. People go to the beach to relax, swim, and enjoy the sunshine. Many beaches have soft sand where you can lie down and build sandcastles. The sound of the waves is calming and helps people feel at peace.

At the beach, you can do many fun activities. Some people like to play beach volleyball, while others enjoy surfing or snorkeling. It's also fun to collect seashells or take a walk along the shore. Kids love to splash in the shallow water and look for small fish.

It's important to stay safe at the beach. Always swim in areas where there are lifeguards. Make sure to apply sunscreen to protect your skin from the sun. Drinking plenty of water is also important to stay hydrated.

Remember to keep the beach clean. Take your trash with you and throw it away properly. This helps keep the beach beautiful for everyone to enjoy.

10. Why do people go to the beach?

- A. To work and study.
- B. To relax, swim, and enjoy the sunshine.
- C. To do grocery shopping.

11. What are some fun activities you can do at the beach?

- A. Play video games.
- B. Surf, snorkel, and collect seashells.
- C. Watch TV.

12. How can you stay safe at the beach?

- A. Swim in areas without lifeguards.
- B. Apply sunscreen and drink plenty of water.
- C. Stay in the sun all day without protection.

13. Why is it important to keep the beach clean?

- A. To make it look dirty.
- B. To keep it beautiful for everyone to enjoy.
- C. To attract more fish.

14. What do kids love to do at the beach?

- A. Splash in the shallow water and look for small fish.
- B. Sit and read books.
- C. Cook meals.