

## **BELT Practice**

### **Listening Comprehension**

1. .

1. What is the main topic of discussion?

- ☐ Work
- ☐ Television
- ☐ Exercise
- ☐ Restaurants

2. How long ago did he join the health club?

- ☐ 1 year ago
- ☐ 1 month ago
- ☐ 2 months ago
- ☐ Last week

3. How long does he lift weights for?

- ☐ 30 minutes
- ☐ 45 minutes
- ☐ 1 hour
- ☐ 2 hours

4. What does he usually do before lifting weights?

- ☐ Stretch
- ☐ Walk around
- ☐ Jump rope for 15 minutes
- ☐ Bicycle for 30 minutes

2. .

1. What does Jimmy's friend want to do later?

- ☐ Workout

- ☐ Eat lunch
- ☐ Sleep
- ☐ Play basketball

2. What time do that plan on meeting?

- ☐ After dinner
- ☐ At 3:30
- ☐ Ten in the morning
- ☐ After lunch at 1:00

3. What did he do earlier that caused soreness in his legs?

- ☐ Lifted weights
- ☐ Skiing with friends
- ☐ Played soccer all day
- ☐ Played basketball

4. Where are they going to meet?

- ☐ At Jimmy's house
- ☐ At the coffee shop down the street
- ☐ By the bus stop
- ☐ At the gym

3. .

1. How would you describe Scott?

- ☐ Very tall and skinny
- ☐ Slender with broad shoulders
- ☐ Big and muscular
- ☐ Short and fat

2. How long has it been since these two last saw each other?

- ☐ 6 months ago
- ☐ 10 months ago

- ☐ A year and a half ago
  - ☐ Two years ago
3. How often does Scott go to the gym?
- ☐ Never
  - ☐ Once a month
  - ☐ Every day for an hour
  - ☐ Every other day for 3 hours
4. Why does Scott work out so much?
- ☐ To get noticeable results
  - ☐ Because he will be bored
  - ☐ To enter a competition
  - ☐ To train for a marathon

4. .

1. What topic are they talking about?
- ☐ Weather and rain
  - ☐ Shopping at the mall
  - ☐ Comedy movies at the theater
  - ☐ Sports and activities
2. If they get bored at the mall, what will they do?
- ☐ Watch a movie
  - ☐ Buy a game to play
  - ☐ Go home and watch TV
  - ☐ Go to the gym
3. What word is used to describe the weather?
- ☐ Amazing
  - ☐ Depressing
  - ☐ Great

☐ Terrible

4. What was mentioned in the weather report?

- ☐ It will stop raining in three days
- ☐ It will stop raining in eight days
- ☐ It will stop raining on Friday
- ☐ I will be sunny over the weekend

5. .

1. What gender is the new baby?

- ☐ A boy
- ☐ A girl
- ☐ Twin boys
- ☐ Twin girls

2. What were the complications mentioned during birth?

- ☐ Had to do emergency C-Section
- ☐ Baby was inverted
- ☐ Baby was stuck
- ☐ No complications

3. What is the guy complaining about?

- ☐ That the baby was not a boy
- ☐ That the baby is too expensive
- ☐ That the baby is sick all the time
- ☐ That he doesn't get enough sleep

4. After the conversation, what will the guy do?

- ☐ Get some sleep
- ☐ Make sure wife and baby are healthy
- ☐ Take the baby to the hospital
- ☐ Go to work to make more money

6. .

1. Why is one person sneezy?

- ☐ Seasonal allergies
- ☐ Got the flu
- ☐ Got a cold
- ☐ Ate something and went down the wind pipe

2. What other symptoms are mentioned with allergies?

- ☐ Runny nose
- ☐ Itchy throat
- ☐ Watery eyes
- ☐ All of the above

3. What is the other guy allergic to?

- ☐ Cat
- ☐ Dust
- ☐ Alcohol
- ☐ All of the above

4. What symptoms does he get from cats?

- ☐ Eyes become bloodshot
- ☐ Ears become red
- ☐ Body starts to itch all over
- ☐ None of the above

7. .

1. How many months has Julie been on a diet?

- ☐ 1 month
- ☐ 2 months
- ☐ 3 months

- ☐ 6 months
2. How much weight did Julie lose so far?
- ☐ 5 pounds
- ☐ 15 pounds
- ☐ 20 pounds
- ☐ 25 pounds
3. What was the main tip Julie got from her trainer?
- ☐ Eat less
- ☐ Exercise more
- ☐ Eat 2 times a day
- ☐ Eat 5 times a day
4. Does Julie think Barbara should try this?
- ☐ No. Julie thinks Barbara doesn't need to go on a diet
- ☐ No. It wouldn't work for someone like Barbara
- ☐ Yes. Barbara is much fatter than Julie and needs to go on a diet
- ☐ Yes. Barbara is similar to Julie so she should use the same plan
8. .
1. Why did they start talking about dieting?
- ☐ They looked at themselves in the mirror
- ☐ They need to lose weight for a school dance party
- ☐ They saw a skinny girl that was on a diet
- ☐ They saw a picture of a skinny model
2. How many different diets has one of the girl been on?
- ☐ 1
- ☐ 3
- ☐ 4
- ☐ Too many to count

3. Why is one girl reluctant to go on a diet?

- ☐ Does feel she needs to
- ☐ Likes to eat ice cream too much
- ☐ Just completed one diet and wants a break
- ☐ Doesn't think she can benefit from a diet

4. When are they going to start?

- ☐ Very soon, probably tomorrow
- ☐ Very soon, next week
- ☐ Next month after school is over
- ☐ During summer break

9. .

1. What country is Cancun in?

- ☐ Canada
- ☐ Australia
- ☐ United States
- ☐ Mexico

2. What type of place is Cancun considered from the dialog?

- ☐ A big tourist place
- ☐ An adventurous place
- ☐ A small local city
- ☐ A dangerous place

3. How many days are they going to Cancun for?

- ☐ 3 days
- ☐ 5 days
- ☐ 6 days
- ☐ 7 days

4. Where does the friend want to go for her honeymoon?

- ☐ Canada
- ☐ Australia
- ☐ United States
- ☐ Mexico

10. .

1. What is one possible weakness the Yankees might have from one of the guy in the conversation?

- ☐ No other good players besides A-Rod
- ☐ The team is too young
- ☐ Yankees do not have a good pitching staff
- ☐ Many players are injured

2. What team was mentioned as an example of what the Yankees might end up like?

- ☐ Seattle Mariners
- ☐ Texas Rangers
- ☐ Boston Red Sox
- ☐ New York Mets

3. What team tickets were sold out and are the most popular to watch?

- ☐ Seattle Mariners
- ☐ Texas Rangers
- ☐ Boston Red Sox
- ☐ New York Yankees

4. What sport are the talking about?

- ☐ Baseball
- ☐ Basketball
- ☐ Football
- ☐ Soccer



11.

1. What is the sport they are talking about?

- ☐ Baseball
- ☐ Basketball
- ☐ Football
- ☐ Soccer

2. Comparing baseball and football, which one is more fun?

- ☐ Baseball
- ☐ Football
- ☐ Both are equally fun
- ☐ Too different to compare

3. What does the corner back do?

- ☐ Main guy in offense
- ☐ The guy next to second base
- ☐ Defensive player covering passing plays and outside running plays
- ☐ The guy who shoots the ball

4. Why does one guy not follow football at all?

- ☐ Has no interest in the game
- ☐ Never understood the game
- ☐ Got hurt in high school and avoided it since
- ☐ Boring to watch