

GRAMMAR

present simple and present continuous

1 Listen to James talking about swimming. How is his swimming today different from his usual swimming?

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2 Complete the sentences from the interview with the correct form of the verbs in brackets.

- 1 I (ask) people about their favourite sports.
- 2 I usually (train) five times a week.
- 3 I (wait) for the bus to go swimming at the moment.
- 4 My training (start) at 5.30.
- 5 I often (win) my races.
- 6 At the moment we (have) a break from training.

3 Put the words in the correct order to make sentences.

- 1 after / play / sometimes / football / school / I
- 2 is / on / brother / always / Saturdays / busy / my
- 3 plays / my / ever / games / computer / hardly / friend
- 4 read / don't / magazines / often /
- 5 mum / to / does / drive / your / usually / work?
- 6 go / on / rarely / Sundays / shopping / we
- 7 am / tired / often / swimming / I / after
- 8 dinner / always / my / cook / doesn't / dad

4 Choose the correct words to complete the sentences.

- 1 They **rebuild** / **are rebuilding** the sports centre in Matcham's Road.
- 2 I **think** / **am thinking** that starting a new sport is a good idea.
- 3 The school **looks** / **is looking** for a new sports teacher.
- 4 Where **do you play** / **are you playing** football on Fridays?
- 5 My friend **doesn't often play** / **isn't often** playing tennis.
- 6 When **does the match usually finish** / **is the match usually finishing**?
- 7 We **do** / **are doing** a project on famous sports people in class.
- 8 I **need** / **am needing** to practise my tennis – it's terrible!

5 Complete the blog with the correct present tense form of the verbs given.

go look love not do play (x2) start try

Most people in my family ¹ football – sometimes watching, sometimes playing. My dad ² for a local team every weekend with his friends. They usually lose! At the moment Dad ³ to get fitter because he gets tired quickly! But he ⁴ very well. He still can't run for a long time.



We are all fans of our city team – Leicester F.C. Luckily, they ⁵ very well at the moment. When they play at home we usually ⁶ to the stadium to watch them. But when they play away in another city we watch them on television. Their next match is against Manchester United on Saturday. It ⁷ at 3.00. We ⁸ forward to it. Good luck, Leicester!



6 Complete the conversation with the correct present form of the verbs in brackets. Listen and check.

A: Why ¹ (you / sit) here? You ² (look) really tired. Are you OK?

B: I ³ (have) a break! It's my tennis club's big competition today. We ⁴ (have) them every year in June. There are lots of matches. I ⁵ (do) very well today. I'm in the final later. It ⁶ (not start) until 3.30. So, I ⁷ (rest) now!

A: I see! I ⁸ (not play) tennis. It's too tiring! Good luck later.