

NAME: _____ DATE: _____

MY DAILY ROUTINE

Read. Then, choose True or False for the statements below.



Hello! I'm Ms. Olivia Wilson. I'm a nurse and I work in the Central Hospital of my town. My days are always different. Sometimes I work during the day, but other times I work at night. On Sundays and Wednesdays, I don't work at all. On those days, I get up at half past eight and have a big breakfast. After breakfast, I get changed and go grocery shopping.

When I get back home, I eat lunch. After I take a nap, I go to the gym and work out for an hour. I love running on the treadmill. Then, I go home and take a shower. After that, I eat dinner with my family. Finally, I go to bed and read for about half an hour. I'm really tired after a busy day!

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| 1. Olivia's days are always the same. | T | F |
| 2. She doesn't work on Wednesdays and Saturdays. | T | F |
| 3. She doesn't have breakfast on those days. | T | F |
| 4. She takes a nap before lunch. | T | F |
| 5. She works out after her nap. | T | F |
| 6. She reads a book at night. | T | F |