INSPIRED TOTS EARLY LEARNING CENTER
PRE K THIRD TERM EXAMINATION

HEALTH HABITS

1. _____ are the bad things we do to people. (a). Bad Habits (b). Good Habits

2. Sharing is a bad habit. (a). True (a). False

3. The following are healthy habits except.









LIVEWORKSHEETS

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4. The following are bad habits except.









5. _____ is the way we carry our bodies on our legs. (a). Posture (b). Exercise

6. Types of posture include; standing posture, _____, _____, _____.

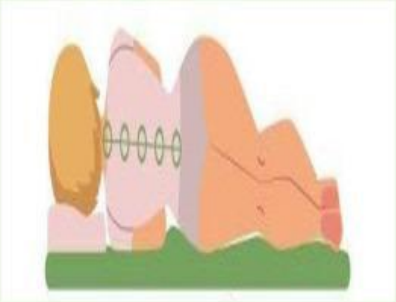
7. There is good and bad posture. (a). True (b). False

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8. Exercise helps build good posture. (a). True (b). False

9. The following are good postures except.









10. Healthy habits is the _____.

11. Drugs are what we take when _____.

12. Illness is the state of feeling
(a). Healthy (b). Unwell

13. Illness is caused by
    a. _____
    b. _____
    c. _____

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14. Emotion is the way we _____.

15. Kinds of emotions are; _____, _____ and _____.

16. Two types of illness are; _____ and _____.

17. What is food? _____.

18. Mention 3 types of food you know. _____, _____, _____.

19. Identify and name only the healthy food.









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20. Identify and name the types of emotion below.







LIVEWORKSHEETS