

**Exercise 11. Choose the underlined part A, B, C or D that needs correcting.**

- Having leisure activities are truly important to the elderly.  
A B C D
- Although she wanted to go to the museum, she decided staying at home.  
A B C D
- Parents are concerned that their kids may be spending too many time on screens.  
A B C D
- Collecting coins is exciting, but it can also be relaxed.  
A B C D
- Cloud watching sound weird, but Hang adores it.  
A B C D
- For some young people, enjoyment involves sitting in front a computer playing games.  
A B C D
- His parents are thinking of banning him on using the computer.  
A B C D
- When you play games online, be carefully when making friends with strangers.  
A B C D

### Exercise 12. Read the following text about jogging and answer the questions.

## Jogging

Jogging not only is a popular outdoor leisure activity but also a daily exercise bringing us health benefits. First, jogging is good for your circulatory. Many studies have shown that those who jog regularly have healthier hearts than those who don't. This means they seldom get diseases involved in the heart. Second, jogging is great for those who want to lose weight. When you jog, your body will use a great number of calories for this activity. This means jogging helps to burn fat stored in your body, especially belly fat. Third, jogging is effective to increase the weight on bones, especially on feet and legs. It means it helps strengthen the bones to carry your body weight easily. Jogging also helps muscles stronger. Also, jogging might prevent us from catching a cold often. Some researchers have found that it helps to strengthen the immune system in the body. So, if we invest time in



jogging every day, we could easily avoid colds and flu. In short, we should do this activity every day to improve our health.

1. Who have healthier hearts, those who jog regularly or those who don't?

.....

2. How does jogging help you to reduce your weight?

.....

3. What is ideal for increasing the bones' weight?

.....

4. Why might jogging prevent us from catching a cold often?

.....

5. What should we do to improve our health every day?

.....

### Exercise 13. Read the text carefully, then do the tasks.

The British spend their free time in different ways. People generally use it to relax, but many people also do voluntary work, especially for charities.

A lot of free time is spent at home, where the most popular leisure activity is watching television, with the average viewing time being 25 hours per week. Reading is also a favourite way of spending leisure time. The British spend a lot of time reading newspapers and magazines. In the summer gardening is popular, and it is often replaced by 'do-it-yourself' in winter when people spend time improving or repairing their homes.

Some leisure activities are mostly or entirely social. Inviting friends for a drink or a meal at home is the most usual one. Sometimes people join friends for a drink in a pub or have dinner in a restaurant.

The extra time available at weekends means that some leisure activities, many of them to do with sport, normally take place only then. Traditional spectator sports include football, cricket, horse racing, motor racing, and motorcycle racing. Popular forms of exercise are swimming, tennis, ice skating or roller-skating, cycling, climbing, and hill or country walking.

Families often have a 'day out' at the weekend, especially in summer, with a visit to a local event such as a festival, fair, or show. Young people especially

go to clubs and discos, while people of all ages go to the theatre, the cinema, art exhibitions, and concerts.

**A. Decide whether the following sentences are true (T) or false (F).**

No.	Statements	T or F
1.	Many British people use their free time to help people in need.	
2.	In the summer, the British prefer indoor activities.	
3.	All free time activities are individual activities.	
4.	Most British people watch or do sports at the weekend.	
5.	Sometimes people go with their friends to a pub or a restaurant.	
6.	British young people don't like going to the movies.	

**B. Answer the questions.**

1. What's the most popular free time activity in the UK?  
.....

2. How many hours a week do the British watch TV?  
.....

3. In winter, what do the British often do in their spare time?  
.....

4. Which sports do many British people enjoy watching?  
.....

**Exercise 14. Using the organizing ideas clues to reorder the recipe to make a pancake.**

**How to Make a Pancake**

- Firstly, mix the batter ingredients with a whisk until smooth and lump free.
- Remember, don't add too much batter if you want the pancakes to be nice and thin.
- Next, pour about half a spoon of batter into the pan and swirl around as soon as the batter hits the pan, this will distribute the mix evenly.



D. Yum! It's time for a special breakfast! Or perhaps you want to surprise a special someone. What could be easier, yummier, and more fun with pancakes?

E. Secondly, put a non-stick frying pan on the heat and add a small amount of oil.

F. To cook the other side either, flip it over and leave it for another 30 seconds or so to finish cooking.

G. Then, leave the pancake to cook for about 1 minute or until it's just starting to pull away from the sides of the pan and is golden brown underneath.

H. Finally, transfer to a serving plate.

**Your answers:**

1. D	2.	3.	4.
5.	6.	7.	8.

**Exercise 15 a. Each of the sentences below has at least one mistake. Underline the mistakes and rewrite the correct sentences in the spaces.**

1. My friends and I are really keen on play computer games.

.....

2. I really like to getting involved in team sports. It is good for building up co-operative skills.

.....

3. Mai especially loving to spend her free time sleeping and being lazy in my room.

.....

4. She enjoys go shopping on weekends and hang out with friends.

.....

5. I am very interested in study English.

.....

**Exercise 15 b. Put the words in the correct order to make meaningful sentences.**

1. When/ games/ be careful/ you/ online/, /when / make friends / strangers / you/ with / play/.

.....

2. We/ that/ can/ Kim/ likes/ see/ the/ piano/ playing/.

.....

3. such as/ hobbies/ or/ making/ things/ crafts/ collecting/ interesting/ are /Some/.

.....

4. health/ Sitting/ problems/ all/ day/ in front of/ the/ can/ computer/ cause/.

.....

5. fancy/ you/ do/ children/ with/ working/ ?/

.....

**Exercise 16 a. Rewrite the sentences by using gerund or to-infinitive after the verbs of liking and disliking.**

1. I prefer reading in bed.

→ I prefer .....

2. I love to watch cartoons on TV.

→ I love .....

3. Does Trung hate to do morning exercises?

→ Does .....

4. They love sunbathing and swimming.

→ They love .....

5. Does she prefer to watch TV during her meals?

→ Does she .....

6. We love to skateboard in the park after school.

→ We love .....

**Exercise 16 b. Rewrite the sentence without changing its meaning.**

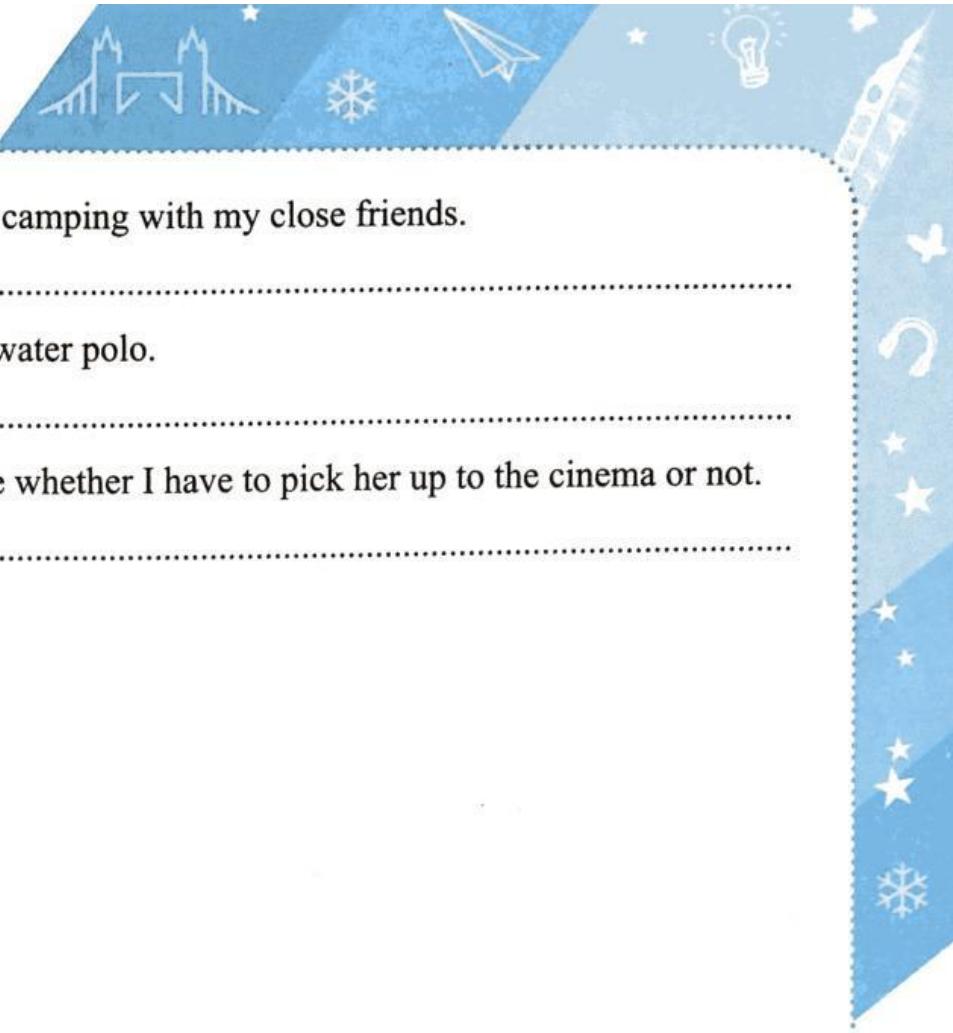
1. I am interested in learning English.

→ I like .....

2. Lan likes using the computer best in her free time.

→ Lan's favorite .....





3. I am interested in going camping with my close friends.  
→ I fancy .....
4. Mr. Pike is a big fan of water polo.  
→ Mr. Pike is fond .....
5. It is not a problem to me whether I have to pick her up to the cinema or not.  
→ I don't mind .....

