

Complete each sentence with **ONE** word

1. I enjoy drinking drinks with my friends at parties.
2. Our school will raise money for by selling cookies.
3. On, I eat three meals a day during the week.
4. She made a in her life by starting a new job.
5. The company offers a wellness for all employees.
6. Taking care of your mental is important for overall well-being.
7. After exercising regularly, I got and lost weight.
8. She's off today because she doesn't feel well.
9. I enjoy cooking as as baking for my family.
10. I have a membership to stay active and healthy.
11. By volunteering at the shelter, he gained a for being kind.
12. My older sister looks me when our parents are not home.
13. When you add all the numbers, you get the final total.
14. Practicing mindfulness can improve your overall well-