INSPIRED TOTS EARLY LEARNING CENRE

K5 THIRD TERM ASSESSMENT 2024

Health Education

1. **Move the pictures to the right words below.**
   All of these help us to keep our nails clean.

Nail clipper **Water** **Soap**







Circle True/False

2. The Movement we make when we walk and jump is known as the locomotive movement. True / False

3. Head, eyes, and nose are parts of the human body.
   True / False

Choose the right option.

4. Click two ways of moving safely.

_____ _____

5. Which of these games involve running, kicking and jumping?
a. basketball b. football c. volleyball

6. Click on 2 protective gears you know.

_____ _____

LIVEWORKSHEETS

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7. How can you keep your room clean? _____

8. What is swimming?

_____.

9. Click on one rule in swimming._____

10. What is a rule?

_____.

11. Click on (2) safety rules you should maintain at home.

_____ and _____

12. Click on (2) safety rules to obey on the playground.

_____ and _____

LIVEWORKSHEETS

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13. What's the name of these sports?



TENNIS

CYCLING

BASKETBALL



CYCLING

SWIMMING

GYMNASTICS



ROLLERBLADING

FOOTBALL

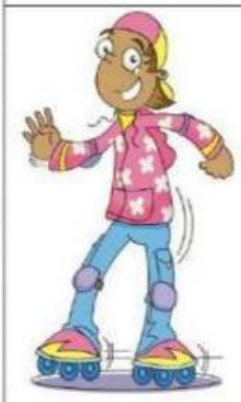
SKIING



GYMNASTICS

BASKETBALL

TENNIS



FOOTBALL

BASKETBALL

ROLLERBLADING



CYCLING

SWIMMING

SKIING



SWIMMING

CYCLING

BASKETBALL



ROLLERBLADING

FOOTBALL

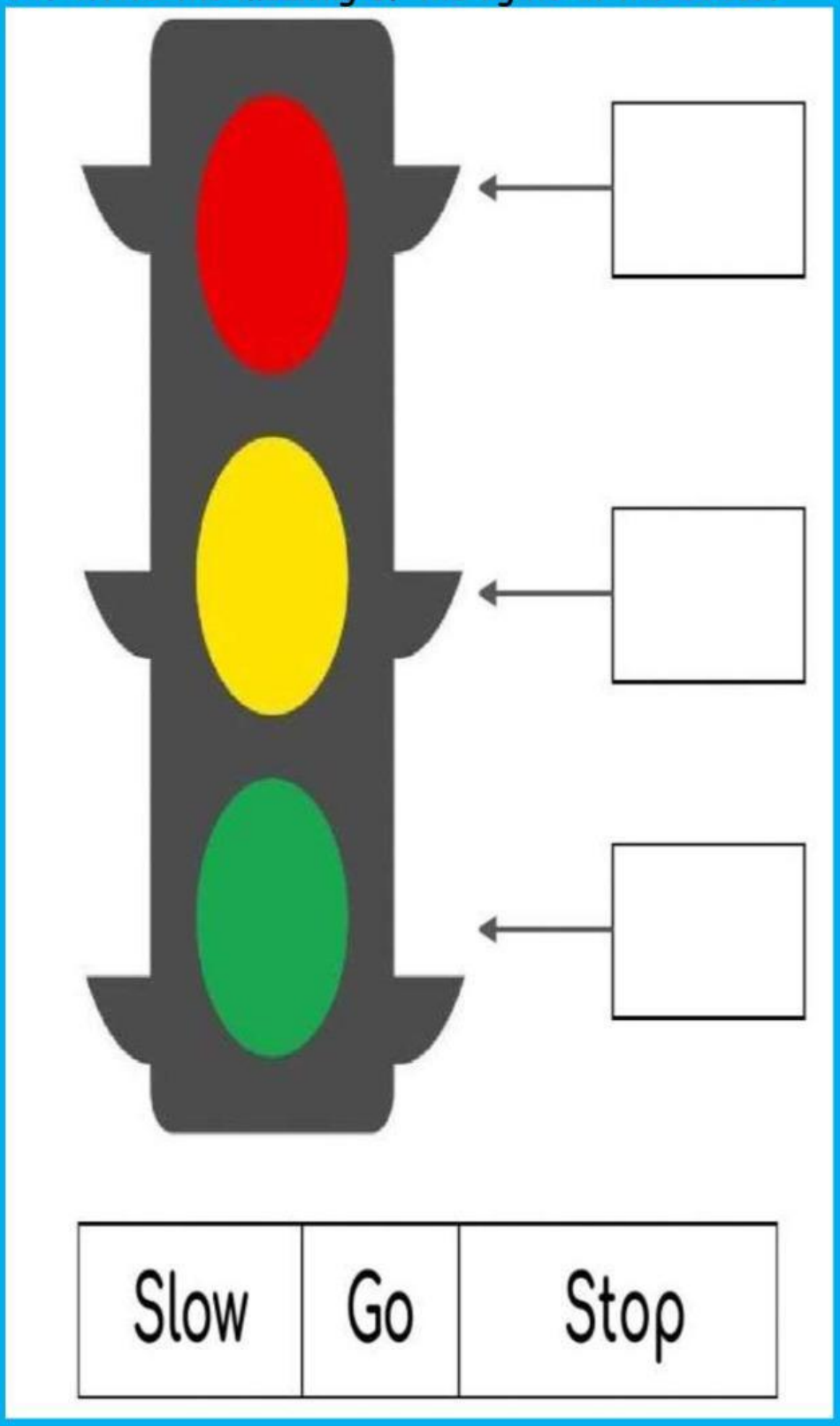
TENNIS

LIVEWORKSHEETS

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14. Write the meaning of the lights in the boxes.



Slow	Go	Stop

LIVEWORKSHEETS

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15. Fill in the blanks with the correct options





Nail Clipper Shampoo Tooth Brush

1. We wash our hair with _____.





Comb Tooth Brush Brush

2. We must use a _____ and a _____

to keep our hair soft.

LIVEWORKSHEETS

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Click on either true/false.

16. We can get food from the market.
True / False

17. We can take care of our food by putting it in the fridge.
True / False

18. We eat food so we can be healthy and strong.
True / False

19. It is good to talk while eating.
True / False

20. First Aid is the first treatment given to an injured person.
True / False

Choose the right option.

21. What can we find in the first aid box?
a. Spoon and cup b. Spirit and cotton wool

22. Which of these is right?
a. Sit up straight while eating b. Speak while eating

LIVEWORKSHEETS