25 Opinions about food

A Taste

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I thought the food looked quite **appetizing**, but I soon changed my mind. First of all, the bread was **stale**. I then started with very **salty** ham with melon, which wasn't **ripe**. My main course was a type of curry, which I thought would be really **spicy**, but was actually quite **bland**. My husband ordered a **rare** steak (hoping it would be **lean** and **juicy**), but instead got a piece of grey meat that was **well done** and **tough**. And the cooked vegetables were almost **raw**. The chocolate tart for dessert was far too **rich** – and very **fattening**. That was probably my mistake. Anyway, we finished with coffee that was very **bitter**. We won't be going back!

wendy
waytogo

SPOTLIGHT adjectives ending in -y

Adjectives ending in *-y* are often used to describe flavours and smells, e.g. **salty**, **spicy**, **creamy**, **fruity**, **juicy**, **greasy** (= full of oil from cooking), etc. They can mean 'full of something'.

- *This soup's very **salty**.*

Or they can mean 'having a similar flavour/smell'.

- *chicken with a **spicy** sauce*
- *a wine with a **fruity** smell*

GLOSSARY

appetizing	(of food) that looks or smells attractive, making you feel hungry. An **appetite** is a strong desire for sth, especially food.	**lean**	(of meat) having little or no fat
stale	(of food, especially bread; also of air) old and not fresh	**tough**	(of meat) difficult to cut and eat OPP **tender**
ripe	(of fruit) ready to be picked and eaten	**raw**	not cooked
bland	(of food) lacking in taste and flavour SYN **tasteless**	**rich**	(of food) containing a lot of fat, butter, eggs, sugar, cream, etc, which makes you feel full very quickly
rare	(of meat) only cooked a short time (still red inside). Other ways of cooking meat are **medium** or **well done**.	**fattening**	(of food) that makes people fat
		bitter	having a sharp unpleasant taste; not sweet. We use **sour** to describe the taste of a lemon.

1 Underline the possible answers. One, two or three may be possible.

1 The meat was very *lean / bitter / tender*.
2 The chocolate was *greasy / sweet / rich*.
3 The vegetables were *tasteless / bland / stale*.
4 The bread was *fresh / raw / stale*.
5 The soup was *salty / tender / ripe*.
6 My steak was *rare / well done / tough*.
7 The chips were *ripe / greasy / sour*.
8 The peaches were *tasteless / sweet / ripe*.

2 Complete the phrases in a suitable way.

1 You don't want bread that is _____.
2 You don't want fruit that isn't _____.
3 You don't want meat that is very _____.
4 You don't want coffee that is too _____.
5 If you're on a diet, you don't want food that is _____.
6 And you always want food to look _____.

3 Complete the words in the text.

We found a table by the window. I had quite an **(1)** a_____ after our long walk, and I started with the Thai soup which should be hot and **(2)** s_____. It was, and the flavours were really good. Unfortunately, it was also a bit too **(3)** s_____, so I needed to drink quite a lot of water with it. My steak was nice and **(4)** l_____ and cooked just as I like it, i.e. not completely **(5)** r_____ but very **(6)** r_____. Unfortunately, the pepper sauce was quite **(7)** b_____ (I like it hot and very peppery), and the chips with it were a bit **(8)** g_____. I finished with a chocolate pudding. It was quite **(9)** r_____ but still very nice.

TEST YOURSELF

LIVEWORKSHEETS

B Live to eat or eat to live

While some people live to eat, I **couldn't care less** about food. In the morning I have a **mug**[1] of **instant** coffee and **cereal** if I'm lucky. I then take a **packed lunch** (a sandwich and a banana) or **pop in** to the **self-service canteen** for something around 12.30. In the evening, I generally **heat something up** that I've bought in the supermarket, then eat it on a **tray**[2] on my **lap**[3] while watching TV. At the weekend, I **treat myself to a takeaway**. I think my most important piece of kitchen equipment is probably my **tin opener**.

GLOSSARY

I couldn't care less (about sth/sb) *inf*	= it does not matter to me at all (This can sound a bit rude.)	**self-service**	(of a restaurant, shop, etc.) where you serve yourself and then pay.
instant	(of food) that can be prepared quickly and easily, usually by adding hot water: ***instant coffee***	**canteen**	the place in a school, office, factory, etc. where the people who work there can get meals
cereal	a food that is made of grain, often eaten for breakfast with milk	**heat (sth) (up)**	become or make sth hot or warm
packed lunch	food that you prepare at home and take with you to eat at work or school	**treat sb/yourself (to sth)**	give sb/yourself sth special; pay for sth for sb else
pop in (to somewhere)	make a quick visit somewhere, e.g. a shop or a person's home	**takeaway**	food that you buy in a restaurant but eat somewhere else
		tin opener	a tool that you use for opening a tin of food SYN **can opener**

4 **Finish the words or phrases.**

1 Where's the tin _____ ?
2 This restaurant is self-_____ .
3 You just have to heat the meal _____ .
4 Have a chocolate. Go on, treat _____ !
5 You decide. I couldn't care _____ .
6 Mum made me a packed _____ .

5 **Complete the dialogues.**

1 Are you going out tonight? ~ Yes, I'm _____ Jess to an expensive meal.
2 I haven't got real coffee. ~ That's OK. _____ is fine.
3 Could I have tea rather than coffee? ~ Sure. Cup or _____ ?
4 Where shall I put the _____ of drinks? ~ Oh, on the dining-room table, please.
5 Do you want to stay in or go out? ~ I couldn't _____ less. You decide.
6 Shall we go out to eat? ~ No, let's get a _____ and come back here.
7 Why were you late? ~ Oh, I just _____ in to see Carmen on my way home.
8 Do they have waiters in the new café? ~ No, it's all _____ .

6 **Complete the questions.**

1 Do you drink real coffee or _____ coffee?
2 Do you drink coffee out of a cup or a _____ ?
3 Do you have _____ with milk for breakfast, or do you prefer something hot?
4 Would you be happy with a _____ lunch instead of a cooked meal?
5 Do you eat in a school or office _____ ?
6 Do you always cook fresh food or are you happy to _____ prepared or frozen food?
7 Do you often get a _____ rather than cook at home?
8 How do you _____ yourself if you want to eat something special?
9 Do you ever eat food on your _____ while watching TV?

7 ABOUT YOU **Write your answers to Exercise 6, or talk to another student.**

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_____

TEST YOURSELF

LIVEWORKSHEETS