

14 Illness

A Types of illness



rash



lungs



breast

MORE MINOR

hay fever: an illness affecting the eyes, nose and throat, caused by breathing in **pollen**

a rash: an area of red spots **commonly** caused by an illness or an allergy

MORE SERIOUS

an allergy: a condition that makes you ill when you eat, touch or breathe certain things that don't normally make people ill, e.g. eating nuts. Allergies can be minor or very serious. **allergic (to sth) adj**

asthma: a condition that gives people breathing difficulties

diabetes: a disease caused by an **inability** to control the level of sugar in the blood

POTENTIALLY FATAL

cancer: e.g. **lung cancer**, **breast cancer**: a very serious illness in which a **lump** grows in the body

a heart attack: a sudden, serious illness when the heart stops working correctly

GLOSSARY

minor	not very big, serious or important
pollen	the powder produced by some plants
commonly	usually; very often; by most people
inability	the fact of not being able to do sth
potentially	that may possibly happen or become sth
potential adj	
fatal	causing or ending in death: a fatal accident
lump	a swelling under the skin which can be small or large

- 1 Is the pronunciation of the underlined letters the same or different? Write S or D. Use the **APP** to help you.

1 heart breast 3 diabetes fever 5 diabetes minor 7 allergy allergic
2 allergy rash 4 allergy lung 6 hay fatal 8 potential asthma

- 2 Complete the sentences.

1 I'm to prawns. I get a on my face if I eat just one.
2 Drugs are a used treatment for many illnesses.
3 It's clear that smoking increases your risk of lung, which is fatal.
4 A friend of mine has a very serious If he eats peanuts, he has a bad reaction.
5 I get a bit of hay every summer, but it's only a problem. I don't worry about it.
6 If you are seriously overweight, it is a problem: you are more at risk from and, of course, heart
7 One of my friends died in a road accident.
8 The to control the level of sugar in the blood is very serious.

- 3 Combine words from the box to make sentences about the illnesses and their causes and symptoms.

hay fever diabetes asthma breast cancer rash
breathing difficulties allergy sugar pollen lump

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TEST YOURSELF

B Medicine labels

These tablets must be **dissolved** in water.

For **short-term** use only.

Please read the **enclosed leaflet** before taking these tablets.

Discard any remaining solution 60 days after opening the bottle.

DO NOT EXCEED THE STATED DOSE.

Possible **side effects** may include stomach **disorders**.

If symptoms **persist**, **consult** your doctor.

Do not use after the **expiry date**.

GLOSSARY

dissolve (in sth)	(of a solid) combine with a liquid and become part of it
short-term	lasting only a short period: a short-term solution <i>OPP</i> long-term: a long-term contract
dose (ALSO dosage)	the amount of a medicine that you take at any one time
enclosed	included inside sth else, usually inside a letter or a packet
leaflet	one or several pages of printed free information about sth
side effect	an extra and usually bad effect that a drug has on you
disorder	illness to a part of the body
discard	get rid of sth you no longer want or need
persist	(especially of sth unpleasant) continue to exist persistent <i>adj</i>
consult	ask sb for some information or advice consultation <i>n</i>
expiry date	the date after which sth should not be used expire <i>v</i>

SPOTLIGHT *exceed* and *excess*

1 do more of sth than is stated in an order or a law:
Don't **exceed** the **stated dose**.
You shouldn't **exceed** the **speed limit**.

2 be greater than a particular number, amount or quality:
The cost won't **exceed** \$5,000. *OR*
The cost won't be **in excess of** \$5,000.

4 True or false? Write T or F. Correct any false sentences.

- | | |
|---|---|
| 1 Drugs can have <i>side effects</i> | 5 If something <i>persists</i> , it stops. |
| 2 If something is <i>enclosed</i> , you can't open it. | 6 ' <i>In excess of 50</i> ' is more than 50. |
| 3 You can read a <i>leaflet</i> | 7 You can <i>dissolve</i> sugar in hot water. |
| 4 A <i>disorder</i> means a machine isn't working. | 8 If you <i>consult</i> someone, you disagree with them. |

5 Add a word to complete an instruction or a common phrase.

- | | |
|---------------------------------|---------------------------|
| 1 Don't exceed the stated | 4 in of 20 people |
| 2 a long-..... solution | 5 common side |
| 3 the expiry | 6 Read the leaflet. |

6 Use one word to complete the sentences on the right with the same meaning as those on the left.

- | | |
|---|------------------------------------|
| 1 It's all there in the information they provide. | It's all there in the |
| 2 He's got something wrong with his stomach. | He's got a stomach |
| 3 The information is included with this letter. | The information is |
| 4 One teaspoon is the amount you should take. | One teaspoon is the |
| 5 See a doctor if the symptoms don't go away. | See a doctor if the symptoms |
| 6 Don't use after the end of July. | Don't use after the expiry |

7 Complete the sentences.

- You can buy aspirin, which in water; that avoids taking tablets.
- I've had a cough for weeks now; the doctor thinks I should a specialist.
- I ought to the contents of this bottle: it's been open for months.
- The doctor gave me sleeping tablets, but it's only a solution.
- This is a powerful drug so I mustn't the stated dose.
- I've already had a with one doctor, but he wasn't very helpful.



TEST YOURSELF