6 Grammar test

Student: _____
Date: _____
Teacher: Prof / Lic Cinthia Herrera

1 Underline and correct the mistake in each sentence.

1 You could try get away from your desk at work at least twice a day.
2 You can to try to cycle once or twice a week.
3 You should like to try spending more time walking.
4 Do you think you could, for example, took up something more strenuous?
5 You shouldn't to overdo the exercise.
6 People ought be more aware than they are of the damage exercise can cause.
7 You might like try starting by giving up the first cigarette of the day.

2 Decide which of the pieces of advice about giving up smoking are more patient-centred.

1 a You ought to stop smoking.
  b Have you ever thought about how you might give up smoking?
2 a If you can, begin by making small changes.
  b You should begin by making small changes.
3 a You could, for example, cut out the first cigarette in the morning. Would that work for you?
  b You shouldn't have the first cigarette in the morning.
4 a You oughtn't to stop in one go. You should set yourself targets like reducing by one cigarette a day.
  b Instead of stopping in one go, you might like to try setting yourself targets like reducing by one cigarette a day.

3 Rewrite the suggestions using the words in brackets.

1 You could try to eat lean meat where possible. (ought to)

2 Have you ever thought of cutting out chocolate gradually? (might)

3 You can, for example, walk up the stairs rather than using the lift. (should)

4 It's better to reduce the amount of food you eat gradually. (can)

5 You might like to try going for a walk with a friend. (could, for example,)

6 If you can, always go shopping by bus, or even on foot, rather than by car. (shouldn't; should)

7 Try to get into the habit of walking every day. (might)

8 Instead of frying food, try to steam or bake it. (shouldn't; should)

LIVEWORKSHEETS