

8.1 World happiness report

Vocabulary happiness factors

1 Complete each point with one word from each box.

A balanced cultural health high leisure physical strong

B activity activities care diet economy taxes time

People are generally happier when ...

- they have enough time and money for ¹ cultural activities, such as going to the cinema.
- they don't have to work very long hours and so have enough ² _____.
- they can afford a ³ _____, which includes the right combination of vitamins, proteins and carbohydrates.
- they pay ⁴ _____, and as a result their country offers good quality services, such as free ⁵ _____.
- their country has a ⁶ _____, without high inflation or frequent financial crises.
- they do enough ⁷ _____, such as walking, swimming or team sports.



2a Complete the answers to the survey with one suitable word in each gap. The first letter is given.

What has made you especially happy or unhappy recently?

- 1 'I was really pleased when my company started to offer childcare. It really changed my life because now I can spend much more time with my son.'
- 2 'I know this sounds awful, but it was when my n_____ moved out last month! He was so noisy and the walls are really thin.'
- 3 'I've only been living in the capital for three months, and it's been really hard to get used to the p_____. My eyes really burn sometimes.'
- 4 'I watched a documentary on global p_____ last week. It really breaks your heart to see that so many have so little.'
- 5 'During my holiday, I worked for two weeks as a v_____ in an old people's home. The old people were fantastic and I learnt so much from them.'

b 8.1))) Listen and check.

c Which people mentioned events that made them ...

- happy? 1, _____ and _____
- unhappy? _____, _____ and _____

➔ **STUDY TIP** Make a list of collocations like *balanced diet* and *leisure activity* and record them in your vocabulary notebook with an example sentence.