

Fill in the blanks using **present perfect** and **simple past**.

My friends and I love trying new beauty treatments. Over the years, we _____ (try) many different styles and looks.

Sarah _____ (get) a new haircut last month. She _____ (have) short hair _____ (for/since) two weeks now. Before that, she _____ (not/cut) her hair that short.

John _____ (dye) his hair blue last week. He _____ (always/want) to try a bold color. He _____ (have) blue hair _____ (for/since) just a few days, but he already loves it.

Maria _____ (straighten) her hair yesterday. She _____ (have) naturally curly hair _____ (for/since) she was a child. She _____ (always/want) to see how she looks with straight hair.

Lucy _____ (get) her ears pierced three times so far. She _____ (get) her first piercing when she was ten, her second when she was fifteen, and her third last year. She _____ (love) wearing different earrings _____ (for/since) she got her first piercing.

Tom _____ (shave) his head completely last summer. He _____ (keep) it shaved _____ (for/since) six months now.

Emma _____ (get) facials regularly _____ (for/since) the past year. She _____ (start) getting them because her skin _____ (need) some extra care. She _____ (find) that her skin _____ (become) much healthier since she started.

I _____ (get) manicures _____ (for/since) last January. My nails _____ (look) great _____ (for/since) then, and my friends _____ (compliment) me on them many times.

James _____ (think) about getting a tattoo _____ (for/since) years. Finally, last month, he _____ (get) a small tattoo on his arm. He _____ (choose) a design that _____ (have) special meaning to him _____ (for/since) he first saw it.

As we _____ (try) these different styles and treatments, we _____ (learn) a lot about ourselves. We _____ (have) so much fun and _____ (enjoy) every transformation. The experiences _____ (bring) us closer together, and we _____ (share) many laughs along the way.