

## Unit 4

# A Fitness Life

### Vocabulary

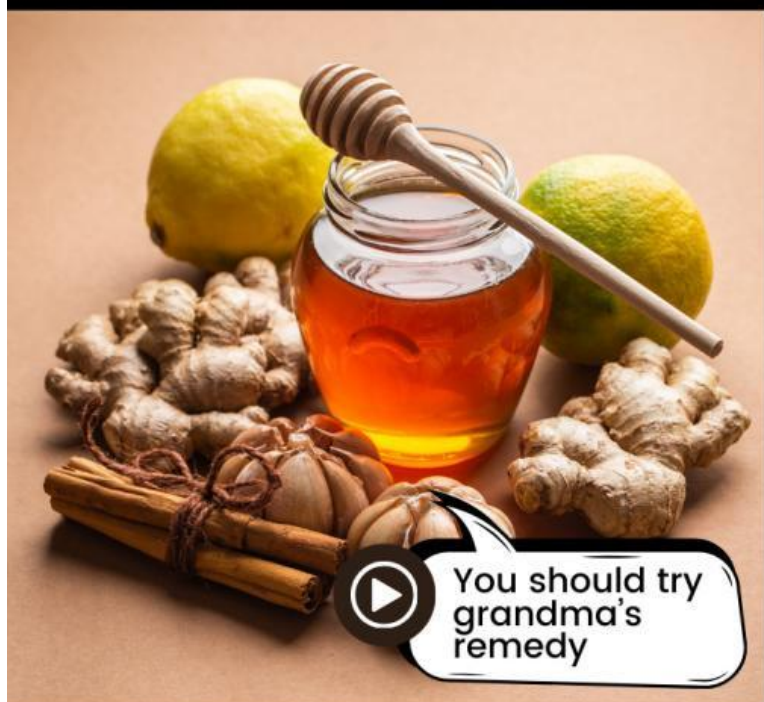
- Food Pyramid
- Quantifiers

### Grammar

- Can and Should
- Count and non-count nouns

### Reading and Writing

- Home remedies
- Tips for a healthy life



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