

To do Task 1, please open the stories about fast food addicts (the Chip Girl etc.)

VOCABULARY Complete the sentences with highlighted words from the texts in the correct form.

Food

- 1 What _____ of ice cream would you like?
Strawberry or vanilla?
- 2 It's a simple _____ to prepare, consisting mainly of rice and vegetables.
- 3 I'm trying to reduce the _____ of food I eat. I want to eat the same food, but in smaller quantities.
- 4 I'll just have one _____ of bread, please.
- 5 Most Japanese people eat a _____ of rice, fish and vegetables.
- 6 We can eat the _____ from tonight's dinner for tomorrow's lunch.
- 7 The restaurant serves smaller _____ for children.
- 8 We can't order yet because we haven't seen the _____.

Twenty-year-old

Complete the words in the sentences.

- 1 Sausages, sliced ham and bacon can be tasty, but p_____ m_____ is not very good for you.
- 2 You should avoid all types of p_____ f_____ such as pre-cooked meals.
- 3 D_____ p_____ like milk and cheese are important for growing children because they strengthen their bones.
- 4 It's much better to eat brown bread made from w_____ g_____ flour rather than processed white bread.
- 5 Some p_____ farmers keep turkeys and ducks as well as chickens.