29 Illness and accidents

A Symptoms


1 have a temperature


2 cough


3 a sore throat

The chemist asked me about my **symptoms**. I **had a high temperature**[1], as well as a **cough**[2] and a **sore throat**[3], plus my neck was very **painful**.

I went to see my doctor for a **check-up** because I felt extremely tired and **lacked** energy. **At times** I felt **confused**, and my husband thought I looked very **pale** too.

I ate some fish which didn't taste good, and it gave me **an upset stomach**.

GLOSSARY

symptom	sth that shows you have an illness
check-up	a general examination by a doctor to see if you are healthy
lack	If you **lack** sth, you have none, or you don't have enough of it. **lack** *n* ***a lack of*** *energy/time/money*
at times	sometimes, but not often
confused	not able to think clearly
pale	with not much colour in your face, perhaps because you are ill
an upset stomach	an illness in the stomach that makes you sick or needing to go to the toilet very often

SPOTLIGHT *sore and painful*

If a part of your body is **sore**, it hurts, especially because of infection or too much exercise.

- *a* ***sore throat***
- *My feet are* ***sore*** *after walking all day.*

If something is **painful**, it hurts or gives you **pain**. OPP **painless**.

- *My back was* ***painful.***
- *It was a* ***painful*** *injury.*

1 **Is the pronunciation of the underlined sounds the same or different? Write *S* or *D*. Use the APP to help you. Practise saying the words.**

▶ symptom / think S

1 throat / confused .....
2 upset / stomach .....
3 stomach / lunch .....
4 pale / painful .....
5 sore / door .....
6 cough / enough .....
7 temperature / check-up .....
8 throat / board .....

2 **Circle the correct word.**

▶ Do you have a ***big / high*** temperature?

1 The little girl looked very ***pale / painful***. I think she was quite ill.
2 I don't feel well if I have a ***lack / lot*** of sleep.
3 My grandfather's memory isn't so good, and he's often a bit ***confused / painful***.
4 Most people feel tired and have no energy at ***time / times***.
5 Some types of cheese can give me an ***unhappy / upset*** stomach.
6 People sometimes make a lot of noise when they have a ***sore throat / cough***.
7 Danni spoke to the doctor about her ***symptoms / energy***, such as feeling tired all the time.

3 **Complete the words in the questions.**

ABOUT YOU

▶ Do you look pale..... if you are very cold?
1 Do you l..... energy early in the morning?
2 Do you know what the s..... of flu are?
3 Is any part of your body p..... at the moment?
4 Is there any kind of food that gives you an u..... stomach?
5 What do you do if you have a s..... throat?
6 If you have a high t....., what do you do about it?
7 When you've got a cold, do you often get a c..... as well?
8 Do you ever feel c..... when you wake up suddenly?
9 When did you last go for a c..... at the doctor's?

4 ABOUT YOU **Write your answers to the questions in Exercise 3, or ask another student.**

TEST YOURSELF

LIVEWORKSHEETS

B Injuries and emergencies



muscles



burn *n, v*
(*pt/pp* **burnt**)



trip (over)



bite *v, n*
(*pt* **bit** *pp* **bitten**)

Have you ever …

injured a **muscle**[1] by doing too much exercise?

suffered from a serious **burn**[2]?

tripped over[3] and broken a bone?

been **bitten**[4] by a dog or cat?

accidentally eaten something **poisonous**?

had a bad **reaction to** milk or cheese?

had **bleeding** from your nose or ear?

GLOSSARY			
injure	hurt yourself or sb else, especially in an accident **injured** *adj* **injury** *n*	**poisonous**	Something **poisonous** will make you very ill or kill you if you eat or drink it. **poison** *n, v*
suffer from sth	feel pain, sadness or another bad feeling	**reaction**	If you **have a reaction to** sth you have eaten or drunk, it makes you ill.
accidentally	in a way that was not planned or intended SYN **by accident** *I hit him* ***by accident.***	**bleeding**	losing blood from your body **bleed** *v* (*pt/pp* **bled**)

5 **True or false? Write *T* or *F*.**

▶ You have muscles in your arms. T

1 A burn is a type of injury. .....

2 You can't suffer from a headache. .....

3 A bite is not painful. .....

4 You press hard on a bad cut to stop the bleeding. .....

5 People trip over by accident. .....

6 You can have a bad reaction to certain medicines. .....

7 Poison is good for you. .....

8 If you do something accidentally, you want to do it. .....

6 **One word is missing in each line. What is it, and where does it go?**

▶ Julia had a very bad / to the drugs the doctor recommended. reaction

1 I over in the street and hurt my knees. .....

2 The boy was from a nasty cut on his arm. .....

3 Potatoes are when they go green, and they can make you ill. .....

4 Nobody was killed, but three people were in the accident. .....

5 My sister has from a serious illness all her life. .....

6 I was by a cat when I was young, so I don't go near them now. .....

7 I need to do exercises to make the in my arms stronger. .....

8 The fire started by and three people were badly burnt. .....

7 ABOUT YOU **Write your answers to the questionnaire at the top of the page, or ask another student.**

TEST YOURSELF

LIVEWORKSHEETS