

4 Answer these questions.

a What has the University of Illinois research found?

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b What reason is given for exercises taking place near markets?

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c Why are there so many exercise dancers in China? Give **two** reasons.

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d Who do the dancers in the back row learn from?

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e Apart from dancing, what other form of outdoor exercise can people do?

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f What might prevent people from enjoying China's stunning natural scenery?

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5 What facilities are there for outdoor exercise where you live? Which activities do you prefer to take part in? Is there any cost involved, such as for equipment or clothing? Write at least **five** sentences.

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