

Chapter 53

Medical Systems

When we fall ill and go to a doctor or physician, they recommend various medicines in the form of tablets, syrups or injections. These are made up of various kinds of chemicals and salts in laboratories. This medical system is called allopathy. Apart from this, there are many alternative medical systems. Let us see how much you know about them.

A. Write the names of the medical systems against their descriptions, using the help card :

1. It is a medical system from the Egyptian and Mesopotomian traditions. Its medicines are often made by using honey as a base. According to it, healthy environment, food, movement, rest and emotions help to sustain good health. _____



2. It is a medical system or technique of controlling pain by inserting thin needles through specific points in the body. _____



3. It is a medical system that involves small doses of medicines to stimulate the body's own defence and healing process. _____



4. It is a medical system that involves treatment of diseases by natural agents like air, water, heat, massage etc. _____



5. It is a medical system developed in ancient India. It involves medicines made up of herbs, materials from vegetables, animals and minerals, yoga and meditation. _____



Help Card

Acupuncture, Homeopathy, Unani, Ayurveda, Naturopathy.

B. Now match the following medical systems with their fathers, founders or developers:

1. Homeopathy	(a) Hippocrates
2. Unani	(b) Benedict Lust
3. Naturopathy	(c) Samuel Hahnemann

LIVEWORKSHEETS