HEALTH PROBLEMS- SOLUTIONS

Match the health problem to the best solution/remedy/advice for it.



Fever

Stay hydrated and rest. See a doctor if you can't keep fluids down.



Toothache

Rest, wrap it with a bandage and apply ice.



Food poisoning

Take some painkillers and stay hydrated.



Cough

Cover it with a band-aid and keep it clean. Don't pop it to avoid infection.



Rash

Take some painkillers and apply a cold compress.



blister

Clean it with antiseptic and keep it covered to prevent infection.



Sprained ankle

Apply ointment to the affected area as many times as possible.



Migraine

Take some cough syrup and wear a mask to avoid spreading germs.



wound

Avoid stress and get plenty of rest in a quiet, dark environment. Avoid caffeine.

LIVEWORKSHEETS