

Term 3 Mock Exam 2

Part 1:

Match sentences to the pictures:

Example: I have a cough.

1. He has a headache.

2. We should eat a lot of vegetables.

3. I bought a bar of chocolate.

4. He needs a blood test.

5. I prefer some ice cream for dessert.

6. You should drink a lot of water.

a



b



c



e



f



g



h



Read the text and **choose** the correct word(s)

I ____ feel sick after eating too **(7)**____ chocolate. I visited the doctor, and she told me I should eat **(8)**____ vegetables and drink **(9)**____ water. I usually **(10)**____ tired, but now I feel better. I sometimes have a headache, so I take **(11)**____ medicine. This week, I am going to have **(12)**____ blood test to check my health.

Example: _____

- a) always
b) sometimes
c) never

7. _____
a) a lot of
b) many
c) much

8. _____
a) a lot of
b) much
c) any

9. _____
a) much
b) many
c) a lot of

10. _____
a) have
b) feel
c) feels

11. _____
a) much
b) some
c) any

12. _____
a) a
b) an
c) the

Part2:

Match the texts to the titles.

<p>13. I always start my day with a bowl of cereals and a glass of milk. For lunch, I often have a sandwich and some fruit. I try to eat healthy to feel good.</p>	<input type="checkbox"/>	<p>A. Drinking Water B. Eating Breakfast C. Favorite Desserts D. Feeling Sick E. Healthy Eating F. Visiting the Doctor</p>
<p>14. I don't like visiting the doctor, but sometimes it's necessary. Last week, I had a fever and felt very tired. The doctor gave me some medicine, and now I feel better.</p>	<input type="checkbox"/>	
<p>15. Drinking water is very important for your health. You should drink at least eight glasses of water a day. It helps to keep your body hydrated and functioning well.</p>	<input type="checkbox"/>	
<p>16. I love desserts, especially ice cream. After dinner, I usually have a small bowl of ice cream or a piece of cake. It's my favorite part of the meal.</p>	<input type="checkbox"/>	

Read the text and **answer** the questions. **Use** the words in the box to help you.

Eating fruits and vegetables is very important for staying healthy. They give your body the vitamins and minerals it needs. You should eat at least five servings of fruits and vegetables every day. This helps you stay strong and feel good. Having different fruit and vegetables in your meals can make your health better. Eat more fruits and vegetables to stay healthy!

17. Eating fruits and vegetables helps you stay _____ and feel good.
18. Your body needs _____ and minerals to feel good.
19. You should have at least five servings of fruits and vegetables _____.
20. Having _____ types of fruits and vegetables in your meals, can improve your health.

health	strong	vitamins
different	meals	daily

Part3:

Read the text and answer the questions.

Text 1: Drinking water is very important. It keeps you hydrated, helps your body function well, and can improve your energy levels. Make sure to drink enough water every day.

Text 2: Exercise is necessary for a healthy lifestyle. Regular physical activity helps you stay fit, improves your mood, and reduces the risk of chronic diseases. Aim for at least 30 minutes of exercise most days of the week.

21. **Text 1 is mainly about** _____
- (A) Drinking water helps you stay cool.
 - (B) Drinking water improves your mood.
 - (C) Drinking water is important for your health.
22. **Text 2 is mainly about** _____
- (A) Exercise helps you stay fit and happy.
 - (B) Exercise helps you digest food.
 - (C) Exercise makes your body cool.
23. **How are drinking water and exercise the same?**
- (A) Both help you sleep better.
 - (B) Both make you healthier and happier.
 - (C) Both prevent serious illnesses.
24. **What do drinking water and exercising do for you?**
- (A) Help you digest food.
 - (B) Give you more energy and health.
 - (C) Keep your muscles strong.