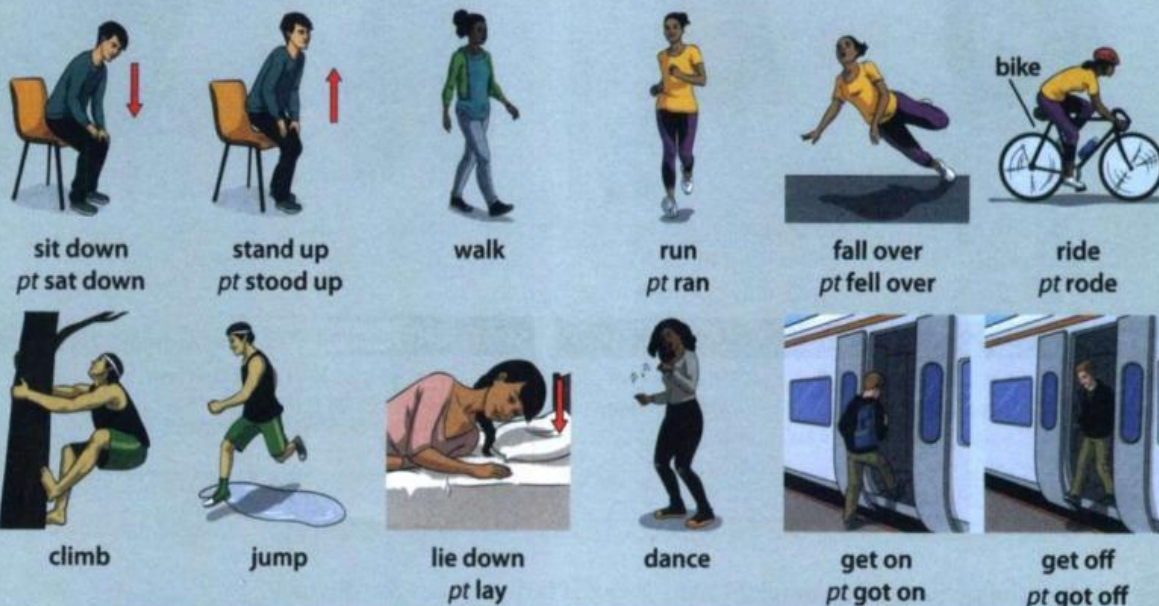


12 Physical actions

A Using your body



SPOTLIGHT Irregular verbs

Many of the verbs above are **irregular**: the past simple is not formed by adding -ed. There is a list of the past simple and past participle forms of all the irregular verbs in the book on page 198. See also Unit 39.

1 Write the present form of the verbs.

- | | |
|----------------------|------------|
| ▶ walked <u>walk</u> | 4 stood up |
| 1 lay down | 5 sat down |
| 2 fell over | 6 got on |
| 3 rode | 7 ran |

2 Complete these sentences with verbs from above.

- ▶ When you go to bed, you do this. lie down
- When you hear music and you're happy, you do this. _____
 - When you're tired, you do this. _____ or _____
 - When you don't see something on the floor in front of you, you could do this. _____
 - When you go on a bike, you do this. _____
 - When you're waiting at the bus stop and the bus arrives, you do this. _____

3 Complete the sentences. You need the past simple in sentences 6–9.

- ▶ I sat down at my desk and worked for two hours.
- The children have to _____ when the teacher comes into the classroom.
 - I often _____ to work in the summer – it's only twenty minutes on foot.
 - I want to _____ Mount Kilimanjaro next year.
 - Do you often _____ when you go to clubs?
 - The doctor asked me to _____ on the bed.
 - The boys _____ into the swimming pool.
 - She _____ her bike to school this morning.
 - I was late, so I _____ to the bus stop, but I _____ over and hurt my leg.
 - She _____ the bus, went into the station and got _____ a train.

TEST YOURSELF

B Using your hands



push



pull



carry



hold *pt held*



pick sth up



put sth down *pt put*



break *pt broke*



give *pt gave*



close/shut *pt shut*
OPP open



drop



throw *pt threw*



catch *pt caught*

4 Cover the pictures and underline the correct answers.

► You can drop a glass / a house.

1 You can open a door / a light.

2 You can catch a car / a ball.

3 You can throw a book / a house.

4 You can push the sky / a person.

5 You can hold a dictionary / a country.

6 You can break some juice / a pencil.

7 You can pick up a car / a bicycle.

5 Do you need two hands to do these things? Or can you do them with one hand?

► shut a dictionary 1

► give someone five dictionaries 2

1 pick up a cup drop a cup

2 pick up a TV turn on a TV

3 break a bottle open a bottle

4 pull a person carry a person

5 throw a ball catch a ball

6 drop a ruler break a ruler

7 carry a door close a door

8 pick up a baby hold a baby

6 Complete the sentences with suitable verbs from above.

► I opened the garage door and then three of us pushed the car out.

1 It was cold, so he the window.

2 She the cat and it in its bed.

3 I'm afraid I your best glass and it broke. I'm really sorry.

4 Four of us the boat out of the sea and then it along the beach.

5 I the baby to Mum and she it in her arms.

6 I the ball to my brother but he dropped it on the floor.

7 The box is very heavy. I can't it to the car.



TEST YOURSELF