

## WORKSHEET

FFs2 – Unit 2



Teacher's feedbacks

**Task 1: Read and match: Con đọc và nối nhé**

Hi, my name is Juan, and like you, I feel emotions all time.

When I want to eat, I feel **hungry**. I feel **sad** when I watch sad movies. Also, I

I feel **excited** when I go to my friend's house, but I feel **bored** when I play football. And, when I visit my grandparents I feel **happy**.

**Happy**

When Juan watches sad movies.

**Hungry**

When Juan goes to his friend's house.

**Excited**

When Juan plays football.

**Sad**

When Juan visits his grandparents.

**Bored**

When Juan wants to eat.



## Task 2: Look and choose: Con nhìn và chọn đáp án đúng nhé



He is angry

She is angry

It is angry



She is sleepy

It is sleepy

He is sleepy



It is scared

He is scared

She is scared



He is sick

She is sick

It is sick



It is hungry

She is hungry

He is hungry



She is thirsty

He is thirsty

It is thirsty



He is cold

She is cold

It is cold



It is sad

She is sad

He is sad





**Task 3: Watch the video and fill in the gaps: Con xem đoạn phim bên dưới và điền vào chỗ trống nhé**

ANNIE: I don't feel so (1)..... My stomach feels like it's twisted in knots. My heart is racing and beating really fast. I'm really (2)..... and (3) ..... about the school play.

ANNIE: What if I forget all my lines? What if I fall on stage? What if I —

MOBY: Beep!

ANNIE: You're right, Moby. I need to (4)..... down. What are emotions?

ANNIE: We go through different emotions, or (5)....., every day — sometimes every hour!

ANNIE: You might feel emotions like love, happiness, excitement, or pride.

MOBY: Beep.

ANNIE: Sometimes you might feel emotions like anger, sadness, frustration, or loneliness.

ANNIE: You might feel disappointed when things don't go your way, or (6)..... about something important to you.

MOBY: Beep.

ANNIE: How strong you feel an emotion depends on what's happening.

MOBY: Beep.

ANNIE: I was (7)..... when my favorite teddy bear ripped. But I was really, really (8)..... when my friend moved away.

ANNIE: When you feel (9)....., stop and figure out what you're feeling.

ANNIE: Good question, Moby. How can you be aware of your emotions? Your body gives you clues about your feelings. You might frown and scrunch up your shoulders. Your heart might beat harder and harder, and you might even make fists with your hands.

ANNIE: These are some signs that you feel (10)..... You might (11)..... and feel like staying in bed. Your chest might feel really heavy, too. These are some signs that you're (12).....

ANNIE: Right now, my knees are shaking, and my palms are sweaty. These are signs that I'm (13).....

MOBY: Beep.

ANNIE: Some signs are the same for different emotions, like when you turn red from being (14)..... or sad. Everyone shows emotions differently.

MOBY: Beep.

ANNIE: Well, when Mia's really (15)....., she jumps up and down and talks loudly. But when Grandpop's really excited, he just nods his head and smiles.

ANNIE: Pay attention to your whole body and notice what it does when you feel a certain way. When you're aware of your emotions, you can help yourself feel better when you feel (16).....

MOBY: Beep.

ANNIE: How can you calm down when you feel (17).....?