WORKSHEET

Task 3: Match the sentences with the correct pictures.

1. I have a headache.
2. I have an earache.
3. My feet hurt.
4. I have a toothache.
5. My arm hurts.
6. My knee hurts.
7. My eyes hurt.
8. My nose hurts.
9. I feel sick.

a.


b.


c.


d.


e.


f.


g.


h.


i.


LIVEWORKSHEETS

WORKSHEET

Task 4: Read the text then answer the questions.

It is important that we eat healthy foods and exercise every day. We can help our bodies feel good by eating fruits and vegetables every day. A balanced diet is one that has all of the food groups. Your diet is made up of the foods you eat and the things you drink. This means eating foods of every color, every day. Move more! We can help our bodies and minds stay calm by exercising every day. You can run, walk the dog, play, swim, ride your bike, or even climb the stairs. Kids should try to exercise for at least 60 minutes every day. Moving our bodies helps keep stress levels low.



1. Why does the author say we should eat healthy food every day?

To help our bodies feel good	It's fun to eat different foods	The author doesn't say to eat healthy foods
☐	☐	☐

2. Why does the author say that we should move our bodies every day?

So we don't get sick	So our bones don't fall asleep	To keep stress levels low
☐	☐	☐



LIVEWORKSHEETS