

Instructions:

1. Write the manufacturing and expiry dates.

1.

MFD : 01-03-2021
EXP : 01-03-2024

Manufactured on 

Day

Month

Year

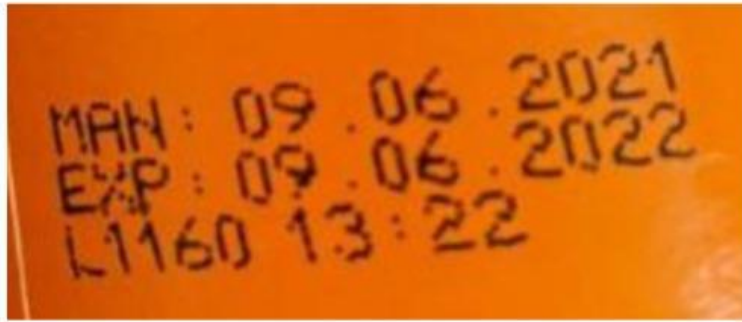
Expire on 

Day

Month

Year

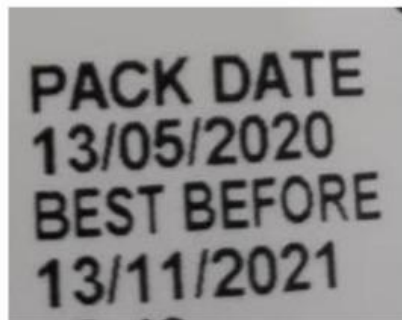
2.



Manufactured on 		
Day	Month	Year

Expire on 		
Day	Month	Year

3.



Manufactured on 		
Day	Month	Year

Expire on 		
Day	Month	Year

Instructions:

1. Fill in the blanks

What happens if we eat expired food? List **four** side effects.

I may get

1) _____

2) _____

3) _____

4) _____.

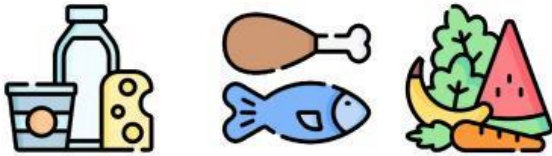


Instructions:

1. **Circle** the food that will expire **faster**.



a)



Fresh food

b)



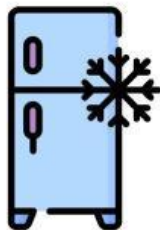
Canned food

Instructions:

1. **Circle** the food that will expire **faster**.



a)



Frozen food

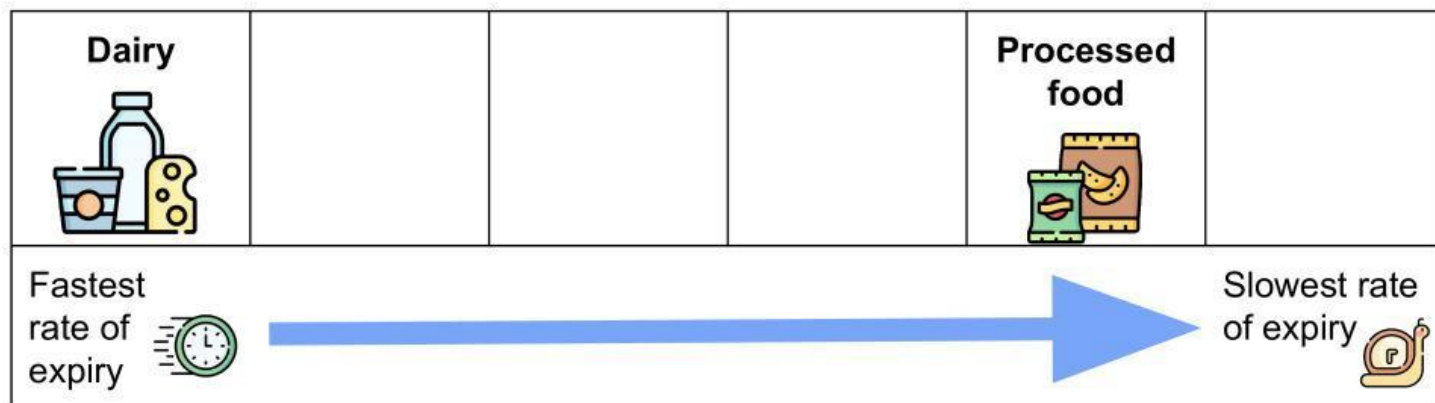
b)



**Room temperature
food**

Instructions:

1. Identify the items that expires the fastest to the slowest.



Instructions:

2. Rearrange the food products from earliest to latest

Example

Year		
2024	2016	2022

Expiring earliest			Expiring latest		
					
1)		2)		3)	
2024		2022		2016	



Instructions:

2. Rearrange the food products from earliest to latest

<u>Year</u>		
2023	2025	2021

Expiring earliest			Expiring latest		
					
1)			2)		

<u>Month</u>		
April	May	March

Expiring earliest			Expiring latest		
					
1)			2)		

Instructions:

2. Rearrange the food products from earliest to latest

<u>Year</u>		
2023	2025	2021

Expiring earliest			Expiring latest		
					
1)			2)		

<u>Month</u>		
April	May	March

Expiring earliest			Expiring latest		
					
1)			2)		