

## Listening skills practice: Help others, help yourself – exercises

Listen to the radio interview with two young volunteers and do the exercises to practise and improve your listening skills.

### Preparation

Match the two parts of the phrase and write a–h next to the numbers 1–8.

1..... to do	a. an experience
2..... to overcome	b. a job
3..... to volunteer	c. safety standards
4..... to meet	d. to help
5..... to organise	e. experience
6..... to gain	f. an event
7..... to deal with	g. the public
8..... to share	h. an obstacle

### 1. Check your understanding: grouping

Match the activity with the person who talks about it. Two sports are not mentioned by either speaker.

table tennis	modern dance	football	cricket	Parkour
tennis	skateboarding	kick scooter	marathon running	BMX biking

Debbie	Liam	Not mentioned

## 2. Check your understanding: multiple choice

Circle the best answer to these questions.

1. Liam says that Parkour is ...
  - a. a type of military training.
  - b. a means of jumping off high buildings.
  - c. a way of overcoming obstacles.
  - d. a kind of video.
2. Liam's main job is ...
  - a. to check the bikes are safe.
  - b. to clean the ramps.
  - c. to do demonstrations.
  - d. to teach young people about BMX.
3. Which area did Liam not have training in?
  - a. giving medical attention.
  - b. cooking hamburgers.
  - c. food hygiene.
  - d. basic accounting.
4. Why did Debbie volunteer the second time?
  - a. to be more competitive in the job market.
  - b. to help other people.
  - c. to complete her degree course.
  - d. to learn how to train volunteers.
5. Which sport did Debbie not volunteer to help with?
  - a. cricket
  - b. swimming
  - c. table tennis
  - d. football
6. Debbie and Liam both say that ...
  - a. it's important to pay people to work in sport.
  - b. volunteers are often exploited.
  - c. they love volunteering.
  - d. volunteers are essential for sport.

### Discussion

Would you like to be a volunteer?

What kind of area would you volunteer in?