Goals and achievements

A Our outlook on life

1 Quick language check

CB Sections A1 to A4

Circle or underline the best word or phrase from each pair in *italics*.

a George decided to take more responsibility *during / for* his own happiness.

b Alisha *give / set* herself the goal of starting a business by the time she was 30.

c *Oskar's* New Year's *resolution / decision* was to start doing more exercise.

d If you are really *confident / determined* to achieve something, you'll probably succeed.

e I think that *eating / eat* more fruit and vegetables is a good idea.

f What's the best way of *dealing / sorting* with difficult situations?

g Having a plan for each day helps to give me a real *sense of reason / purpose*.

h Some people are highly *motivated / encouraged* by the thought of earning lots of money.

i Lizzie finally told me why *she was / was she* feeling so miserable.

j It's often incredibly difficult *continuing / maintaining* a work–life balance.

2 Vocabulary check

Use the words in the box to complete the text. You may need to change the form of some of the verbs.

volunteer	**flexibility**	**pursue**	**aspirations**	**honest**	**obstacles**
rewards	**focus**	**realistic**	**admit**	**process**	

Children's **(a)** _____ often change as they get older – one minute they want to be a train driver, the next an astronaut. Khalid, however, knew from a young age that he wanted to become a vet. He realised that it would be a long and difficult **(b)** _____, and that there would be lots of **(c)** _____ to overcome. Despite this, he **(d)** _____ his goal with great determination.

LIVEWORKSHEETS