PROGRESS TEST

Time: 75 minutes

Listening

Exercise 1. A doctor is talking to her patients about nutrition. What advice does she give each person? Listen and circle the correct answer

1. **a.** eat fewer vegetables
   b. eat less cheese
   c. eat a lot of fat

2. **a**. don't eat fish
   b. eat more vegetables
   c. eat more fruit

3. **a**. eat less meat
   b. eat less fruit
   c. eat more meat

4. **a**. eat less bread
   b. eat more meat
   c. eat less fruit

5. **a**. eat more cheese
   b. don't drink milk
   c. eat more protein

6. **a**. don't drink milk
   b. don't eat cand
   c. eat more vegetables

Exercise 2. Why do the people want to take the vacations they describe? Write the correct letter.

1. She _____	a. has been busy at work
2. He _____	b. wants to practice speaking spanish
3. She _____	c. heard the beaches are great there
4. He _____	d. wants to be free
5. She _____	e. needs some excitement
6. She _____	f. needs to go somewhere quiet

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Exercise 3. Where is the person each caller asks for? Circle the correct answer.

1. **a.** at lunch
   b. in a meeting
   c. on vacation

2. **a**. in a meeting
   b. at home
   c. at lunch

3. **a**. in class
   b. at lunch
   c. at home

4. **a**. on vacation
   b. at the mall
   c. at the bank

Exercise 4: Listen and circle the correct answer

1. Why is Dave going to Montreal?
   a. to get married
   b. for a friend's wedding
   c. for a job

2. How long will he be in Montreal?
   a. a week
   b. two days
   c. four days

3. How is Dave's French?
   a. perfect
   b. okay, but not great
   c. very bad

4. Who is Dave going to visit in Quebec City?
   a. a friend from college
   b. his uncle
   c. his teacher

Pronunciation, Grammar & Vocabulary

Exercise 1. Choose the words with the different pronunciations of the "ed" ending.

1. A. arrived	B. believed	C. received	D. hoped
2. A. opened	B. knocked	C. played	D. occurred
3. A. rubbed	B. tugged	C. stopped	D. filled
4. A. tried	B. obeyed	C. cleaned	D. asked
5. A. packed	B. added	C. worked	D. laughed

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Exercise 2. Write the correct word from the box to complete each sentence.

collect	throw away	denim	float
spin	clean up	organism	aware

1. The Earth ..... on its axis once every 24 hours.
2. One way to recycle ..... is in the manufacturing of housing insulation.
3. That old chair could be recycled, you don't need to ..... it ..... .
4. Much of the bay is covered by ..... trashes.
5. The public services come and ..... the household trash twice a day to make sure the street will always be clean.
6. All volunteers in this program make a commitment to ..... the beach before June.
7. We need to make people ..... of the effects of their lifestyle on the environment.
8. The cell is the unit of which all living ..... are composed.

Exercise 3. Fill in the blank with a suitable coordinating conjunction from the box below.

and	but	or	so

1. I forgot my umbrella at home, ... I had to run to the bus stop in the pouring rain.
2. Jack always wants to have great marks, ... he hardly completes the assignment and revises the lessons.
3. Jack caught a cold and had severe symptoms, ... he was absent from work for two weeks.
4. Sara enjoys hiking in the mountains ..... taking photographs of nature.
5. To get to the village, you can travel by train, ... you can take a taxi.

Exercise 4. Write appropriate verb forms in the blanks.

1. My father is keen on (play) ..... golf and badminton.
2. My prediction is that Julia (be) ..... very pleased with the gift.
3. ..... they (visit) ..... their parents last month?
4. I hope it (not, rain) ..... because we will have a barbecue party tomorow.
5. When I was a child, my father often (take) ..... me to the zoo at the weekend.

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Reading

Exercise 1. Read the text and for questions 1-4 choose the correct option *A*, *B*, *C* or *D*

August 1985: The worst month for air disasters

There are many grim landmarks in the history of aviation. One in particular stands out. Three decades ago, 720 travellers and crew lost their lives on board commercial aircraft in a single month - more than in any other before or since.

The deaths occurred in four separate accidents in August 1985. Each disaster had quite different causes. The aircraft involved ranged from a 747 with hundreds on board to a tiny twin engine turboprop carrying just eight people.

There was Japan Airlines flight 123, the worst single-aircraft accident in history, in which 520 of 524 on board were killed. A further 137 died when Delta flight 191 flew into heavy winds as it approached Dallas-Fort Worth International. A fire on board British Airtours flight 28M at Manchester Airport led to 55 deaths. And all those on board the smallest aircraft, Bar Harbor Airlines flight 1808, lost their lives as it flew into a small airport in Maine, USA.

Each, in their own way, had a lasting legacy, whether in the memories of those left bereaved or in changes in technology and procedure introduced as a direct result. The worst death toll was on Japan Airlines Flight 123, a Boeing 747, which was route from Tokyo to Osaka on 12 August 1985 when the airtight bulkhead between its cabin and tail tore was opened. The change in pressure blew off the vertical stabilizer, or tail fin. It also destroyed the hydraulic systems. The plane lurched up and down.

*Choose the correct letter, **A**, **B**, **C** or **D***

1. When did the 720 travellers die?

A. Thirteen decades ago.
B. A decade ago.
C. Three decades ago.
D. There is no information about it.

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2. Twin engine turboprop could carry:
   A. Eight people.
   B. Four people.
   C. Two people.
   D. Only a pilot.
3. How many people were dead on Japan Airlines Flight 123?
   A. 55
   B. 137
   C. 520
   D. 191
4. The worst accident in history, according to the paragraph, was:
   A. Flight 123.
   B. Delta flight 191.
   C. British Airtours flight 28M.
   D. Bar Harbor Airlines flight 1808.
5. Why did the Japan Airlines Flight 123 crash?
   A. The plane lurched up and down.
   B. Destruction of the hydraulic systems.
   C. The airtight bulkhead between its cabin and tail tore was opened.
   D. It is unknown.

Exercise 2. Read the passage below and fill in the blank with NO MORE THAN THREE WORDS

CROWNE PLAZA

Los Angeles Airport

Emergency Fire Procedures ·

If you detect a fire, call emergency, 1999, and the Fire Department, 9+911. Engage the fire alarm, alert other guests, and exit the building. · If a fire is detected inside the room, exit the room immediately, close the door, and activate the nearest emergency alarm. Notify in-house personnel by dialing 1999 and the Fire Department at 911. · If you are alerted to fire in the building, make sure it is safe to leave your room. Check for heavy smoke. Once you have determined it is safe, take your room key and proceed to the exit nearest to you. · If it is not safe

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to leave your room, fill your bathtub and other containers with water. Block all openings, such as vents and under the door, with wet towels. This will prevent fumes from entering your room. Call the hotel staff, informing them of your location. · If smoke already exists in your room, hold a wet towel over your mouth and stay low. · Do not break any windows unless absolutely necessary. This will only worsen the situation.

1. When there is a fire, you should detect the ……., warn other people and get out of the building.

2. When you decide it is safe to leave your room, run quickly to the nearest …….

3. When you don't feel it is safe to leave the room, call the hotel staff to tell them about …….

4. If you detect heavy smoke in your room, cover your mouth with …….

5. Unless necessary it is not suggested to …….

Exercise 3: Complete the sentences below. Choose NO MORE THAN THREE WORDS from the article.

Multilingual: what it is like to speak many languages

Today, over 50% of the world's total population can speak more than one language. Maybe you are one of these people who can communicate in many languages. However, it may be likely that you can speak more than Richard Doner, an American teenager who can hold a conversation in over twenty languages.

Richard lives in New York. It is a city where there are people from hundreds of different countries. There are around 180 languages spoken in New York schools. This is why Richard believes that New York is the perfect city for him. "I can discuss many different topics with people from all over the world and I don't even need to travel to another country," Richard says.

Can he see a disadvantage? "You can never rest. You have to continuously practice and put in

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lots of effort all the time to be able to remember the languages. I believe that, if your brain doesn't do any work, you can forget what you know. I don't have time to speak all of my languages every day, so if I want to get better, if I want to make progress, the important thing

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is that I speak each one as often as I can. If I don't, I start to forget the phrases and words that I know".

He also believes that when you learn a language, you don't only learn words or phrases. "A language helps you begin to learn more about the people and their cultures – their ideas, their food, what is important to them and so on".

Richard is very popular all over the world. There are lots of video online of him practicing his skills in a wide range of languages, such as Arabic, Mandarin, German and even Swahili – language that is common in West Africa.

The most important thing for Richard is to have fun when he learns a language, Learning is easier if you can make it interesting for yourself, he explains. "Also, take your time – you have to learn at a speed that works for you. I don't think many would disagree with him!

1. In New York, you can find people from a large number of .....

2. If Richard wants to talk with people from different countries, it isn't necessary to come to .....

3. To remember languages, Richard makes sure his brain does .....

4. If you know a language, you can start to understand about the people and .....

5. Swahili is a popular language in .....

6. When he learns a language, it is absolutely necessary for Richard to .....

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Writing

Exercise 1. Write complete sentences using the given words and change the form of the words if necessary.

1. People/ live/ Mars/ someday,/ but/ it/ too expensive/ to travel/ there now. Besides,/ present,/ there/ be/ a lot/ risks/ that experts/ fail/ predict.

.....

.....

2. . I/ believe/ it/ important/ people/ to try/ food/ different cultures. They/ learn/ how/ appreciate/ diversity.

.....

.....

3. I/ would like/explore Australia/ many reasons. Firstly,/ its landscapes/ so different and interesting,/ from the vast Outback/ beautiful beaches.

.....

.....

4. A typical home/ 2050/ be/ very different/ a home/ today. First of all,/ it/ more eco-friendly and high-tech.

.....

.....

5. Eating/ same dishes/ all the time/ boring,/ and/ try/ different types/ food/ can be/ adventure.

.....

.....

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Exercise 2. Write a paragraph of at least 100 words about the following topic.

Air pollution is a serious issue in big cities. What can people do to solve this problem?

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