

Name: _____
Class: _____

VOCABULARY

1 Complete the words in the sentences.

- 0 Your **e / b o w** is in the middle of your arm.
- 1 Your **n _ _ _** joins your head to your body.
- 2 Do your parents let you **s _ _ _** up late at the weekend?
- 3 Last night I had a really bad sore **t _ _ _ _ _** – it was painful to eat or drink anything.
- 4 Men's **b _ _ _ _ _** usually grow about 0.5mm every day.
- 5 I usually sleep **w _ _ _** but last night I didn't get much sleep at all.
- 6 Food usually takes about seven seconds to travel from your mouth to your **s _ _ _ _ _**.
- 7 I don't usually remember my **d _ _ _ _** but I remember having a really bad one last night.
- 8 I have a **f _ _ _ _ _** which means that I can't eat peanuts or fish.

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2 Complete the sentences with the words in the box. There are four extra words that you do not need to use.

rugby	asleep	your head	a bike	tennis	badly
early	his arm	swimming	ready for bed	in bed	Tai chi

- 0 I play rugby every week for my school.
- 1 My family go _____ every Friday evening.
- 2 Anita played _____ for the first time last Saturday.
- 3 My dad broke _____ skiing when we were on holiday.
- 4 Lisa got _____ then read her book for half an hour.
- 5 I didn't learn how to ride _____ until I was twelve!
- 6 Harry slept _____ because there was a lot of noise.
- 7 David stayed _____ because he didn't feel well.

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GRAMMAR

3 Add the correct quantifier to make full sentences. Use *some, any, a lot of, much, many, too much* or *too many*. You need to add two quantifiers in questions 5–7.

- 0 Would you like cake?
Would you like **some** cake?
- 1 How sandwiches have we got?

- 2 I never eat crisps – they're very unhealthy.

- 3 How cola do you drink every day?

- 4 I don't have time because I have to go to the dentist, so can we do this quickly?

- 5 Alan eats soup – every day! – and he always has bread with it.

- 6 Barry loves meat so he eats burgers but he doesn't buy vegetables at all.

- 7 David has healthy snacks during the day, but then he doesn't eat so food for his lunch and dinner.

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4 Complete the blog entry using the Past Simple or Past Continuous of the verbs in brackets.

A Terrible Accident!

My little sister is usually really funny, but we ⁰ were'n't laughing (laugh) this morning.

She ¹ _____ (walk) the dog with my mum and dad when our dog ² _____ (see) another dog. He ³ _____ (run) after it and my sister ⁴ _____ (hold) the leash! Anyway, the dog ⁵ _____ (pull) the leash so hard that my sister ⁶ _____ (have) to run along behind him. The dog ⁷ _____ (go) so fast she ⁸ _____ (fall) and hit her head on the path and cut both of her lips and her nose.

She's OK now and she still loves the dog! He wasn't sorry at all!

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ENGLISH FOR SPEAKING

5 Complete the dialogue using the expressions in the box. There are two extra expressions that you do not need to use.

What's wrong	What's the matter
good for your brain	go back to class
I'm feeling really ill	the same as usual
sneezing a lot	ask you a few questions
lie down	take an aspirin
a stomach ache	What did you have
go and get some food	

- Nurse: Hello, how can I help you today? ⁰ What's wrong?
- Simon: Well, Nurse, ¹ _____ !
- Nurse: Oh dear. Let me ² _____. Do you have a temperature?
- Simon: No, it's not very high – I don't feel hot. But I've got ³ _____. It really hurts when I walk or sit down or eat anything.
- ⁴ _____ with me?
- Nurse: I'm not sure yet. ⁵ _____ for breakfast?
- Simon: Err... nothing, ⁶ _____. Do I need to go home and ⁷ _____, Nurse?
- Nurse: No, you don't! Missing breakfast is very unhealthy, especially if you do it every day! You should ⁸ _____, eat it all and then ⁹ _____.
- Simon: Oh, no!
- Nurse: And start eating a healthy breakfast every morning and drink lots too, especially water and juice because they're ¹⁰ _____.
- Simon: OK, Nurse. Thanks for your help!

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ENGLISH IN USE

6 Use the verbs and prepositions from the boxes below to make phrasal verbs then complete the sentences using the correct form. There is one extra that you do not need to use.

verbs		prepositions	
pick	check	up	off
fall	look	up	out
give	hang	out	out
go	give	up	up
get	take	up	after
top	find	on	out

- 0 Enrique picked up a cold when he was on holiday.
- 1 I really hate _____ my little brother!
- 2 How do you _____ the information you need for your school projects?
- 3 I love _____ at the shopping centre – all my friends go there too.
- 4 Edita _____ eating chips because they were really bad for her.
- 5 You seem to be _____ with Adam again – that's really good news.
- 6 Lisa and Celine _____ all of the games before they chose the one they wanted.
- 7 Did Mark and Laurence _____ again? What did they argue about this time?
- 8 I _____ my phone yesterday because I ran out of credit.
- 9 I really enjoy _____ new sports and games, especially when I can meet new people too.
- 10 The chicken _____ because he left it on the table in the warm kitchen all night.

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