

Practice Test 3

Part 1

For questions 1-12, read the text below and decide which answer (A, B, C or D) best fits each gap. There is an example at the beginning (0).

Example:

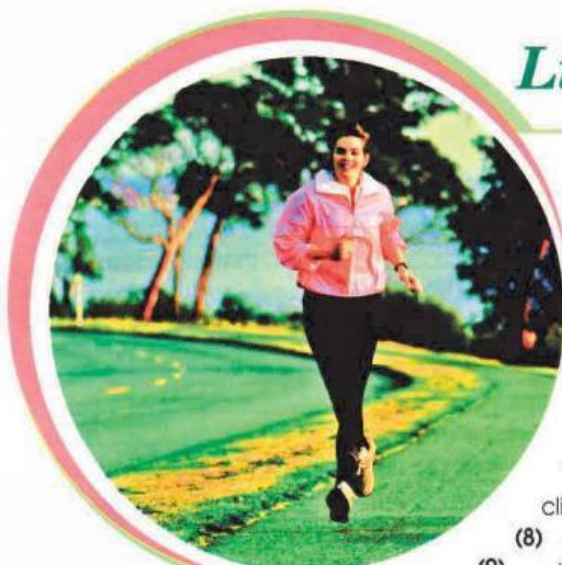
0 A have

B seem

C find

D happen

0	☐ A	☒ B	☐ C	☐ D
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Living a healthier life

Keeping fit and healthy may (0) ...B... difficult, but there are a few easy-to-follow guidelines. Firstly, a balanced diet is absolutely essential. This (1) selecting food that is (2) in salt and sugar. Experts recommend (3) the amount of fat in our diet, as too much can lead to heart problems. They also suggest increasing the amount of high fibre food we eat. This comes in the (4) of fresh fruit, vegetables, wholemeal bread and pasta. As well as being packed (5) vitamins and minerals, they are delicious too. Secondly, it's important to fit exercise into your daily (6) This can be done by simply walking as much as (7) and climbing stairs instead of taking the lift. Exercise is necessary to (8) a healthy body, as well as increasing energy levels and (9) you feel generally fitter and happier. Finally, staying relaxed is important for good health. Too much stress can (10) to a variety of illnesses, from headaches to high blood pressure. (11) possible, do things you enjoy and treat yourself occasionally. So the message is simple - enjoy yourself but learn to respect your body too. It's all a (12) of getting the balance right.

- | | | | |
|----------------|------------|-------------|------------|
| 1 A contains | B points | C means | D suggests |
| 2 A poor | B short | C small | D low |
| 3 A declining | B dropping | C cutting | D reducing |
| 4 A form | B way | C look | D means |
| 5 A from | B by | C with | D of |
| 6 A routine | B custom | C time | D manner |
| 7 A possible | B probable | C able | D capable |
| 8 A keep | B maintain | C support | D manage |
| 9 A providing | B doing | C assisting | D making |
| 10 A bring | B direct | C guide | D lead |
| 11 A Whichever | B Whenever | C However | D Whatever |
| 12 A feeling | B wonder | C question | D need |

Part 2

For questions 13-24, read the text below and think of the word which best fits each gap. Use only one word in each gap. There is an example at the beginning (0).

Write your answers **IN CAPITAL LETTERS** in the **answer boxes** provided.

Example: 0

T	H	A	T																
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The Suez Canal:

Crossroads of Europe, Asia and America



The Suez Canal is a 192 km artificial waterway (0) connects the Mediterranean Sea with the Red Sea. It provides a shortcut for ships travelling between European and American ports, as well as ports located (13) Asia, Africa and Oceania. Without it, traders from Europe (14) have to sail around the entire continent of Africa to reach Asia, adding 9,656 km (15) the journey. Thus, the significance of the Suez Canal to world trade is huge. Together with the Panama Canal in Central America, it is the most important man-made waterway in the world.

The idea of connecting (16) Mediterranean and Red Seas is an old one. Four thousand years (17), the pharaohs in Egypt made the first attempt to link the two seas. Today's canal was built (18) 1859 and 1869 under the direction of a French engineer called Ferdinand de Lesseps. Constructing the canal (19) a massive task. Several lakes made up 45 km of the distance, but the (20) of the 192 km had to be dug from the desert. One and a half million Egyptians worked on the canal. Tragically, (21) estimated 120,000 died.

Today, the canal transports about 14% of the total world trade, and about 8% of the world's shipping traffic passes through (22) The Suez Canal is often referred to (23) 'The crossroads of Europe, Asia and Africa' (24) of its significance as a trade route between these mighty continents.

Practice Test 3

Part 3

For questions 25-34, read the text below. Use the word given in capitals at the end of some of the lines to form a word that fits in the gap in the same line. There is an example at the beginning (0).

Write your answers **IN CAPITAL LETTERS** in the **answer boxes** provided.

Example: 0 POPULATION

EASTER ISLAND

Easter Island - or 'Rapa Nui' as it is known to its indigenous (0) - is a small island located

3,600km off the coast of Chile in the south-east Pacific Ocean. Easter Island is world-famous for its

(25) stone statues, called 'Moai'. Over 850 Moai have been found on Easter Island. They are human-like in (26), as tall as 20 m, and weigh as much as 270 tonnes. Very little is known about the civilisation which produced the Moai.

(27) ... believe that the statues may have been made by colonists who arrived between the 1st and 7th centuries AD from (28) islands to the north-west. These settlers made the statues from the soft (29) rock they found on the island. (30) of the statues continued for over a thousand years, possibly for

(31) ... reasons. During this time, the statues became larger and more decorated until about 1500 AD, when (32) suddenly stopped. When European (33) arrived in 1722, the civilisation who had built the Moai had

(34) ... vanished.

POPULATE

ASTONISH

APPEAR

ARCHAEOLOGY

DISTANCE

VOLCANO
CONSTRUCT

RELIGION

PRODUCT
SAIL

MYSTERY

Part 4

For questions 35-42, complete the second sentence so that it has a similar meaning to the first sentence, using the word given. Do not change the word given. You must use between two and five words, including the word given. There is an example at the beginning (0).

Example:

- 0 Although it was raining, I still went jogging.

OF

In, I still went jogging.

Example:

0

S P I T E O F T H E R A I N

Write the missing words **IN CAPITAL LETTERS** in the **answer boxes** provided.

- 35 Eating on buses isn't allowed.

SUPPOSED

You

on buses.

- 36 Shall I do the washing up?

ME

Would

the washing up?

- 37 This medicine works best if taken in the morning.

MUST

For this medicine to be effective,

in the morning.

- 38 When did you start playing the guitar?

BEEN

How

the guitar?

- 39 They have cancelled their journey because of the snowstorm.

CALLED

Their journey

because of the snowstorm.

- 40 I don't feel like going out tonight.

MOOD

I'm not

going out tonight.

- 41 You shouldn't have been rude to your boss.

FOOLISH

It was

rude to your boss.

- 42 I'm sure Tom hasn't fixed the fax machine yet.

HAVE

Tom

the fax machine yet.