

# CONDITIONALS

## ZERO CONDITIONAL

For general truths (scientific facts, or things that always happen)  
if **Present simple** + **Present simple**.

Affirmative: If you **eat** too much sugar, you **gain** weight.

Negative: If you **don't exercise** regularly, you **lose** muscle mass.

Question: What **happens** if you **touch** the stove without gloves?

## FIRST CONDITIONAL

Real or very possible future situations, events, or outcomes.

If + **present simple** + future simple tense (**will** + **infinitive**)

*(Sometimes also modals or imperatives!*

*"If you practice, you **can** make it"*

*"If you get into a fight, **run** away")*

Affirmative: If you **exercise** regularly, you **will stay** healthy.

Negative: If you **don't eat** your vegetables, you **won't get** vitamins.

Question: What **will happen** if you **don't get** enough sleep?

**UNLESS = IF NOT**

If you study, you won't fail

Unless you study, you will fail

**DON'T USE "UNLESS" WITH ANOTHER NEGATIVE!**

**"Unless you don't study, you will fail" makes no sense.**

## SECOND CONDITIONAL

For hypothetical or unlikely present/future situations.

If + **past simple** + **would** + **infinitive**

- Affirmative: If I **won** the lottery, I **would travel** the world.
- Negative: If he **didn't have** a car, he **wouldn't be able** to get home
- Question: What **would** you **do** if you **found** a treasure?



# CONDITIONALS

## IDENTIFY THE CONDITIONAL FORM (FIRST OR ZERO)

1. If you eat too much sugar, you'll gain weight. (FIRST OR ZERO?)
2. You'll catch a cold if you go out without a coat. (FIRST OR ZERO?)
3. If you exercise regularly, you'll feel more energized. (FIRST OR ZERO?)
4. Ice melts if you leave it out in the sun. (FIRST OR ZERO?)
5. If you mix blue and yellow, you'll get green. (FIRST OR ZERO?)
6. Plants die if they don't get enough water. (FIRST OR ZERO?)
7. If you study hard, you'll pass the exam. (FIRST OR ZERO?)
8. If you don't wear sunscreen, you'll get sunburnt. (FIRST OR ZERO?)
9. Babies cry if they're hungry. (FIRST OR ZERO?)
10. If you drop your phone, it might break. (FIRST OR ZERO?)

## FILL THE BLANK SPACES.

1. If you \_\_\_\_\_ (eat) too much sugar, you \_\_\_\_\_ (develop) cavities.
2. If you \_\_\_\_\_ (not brush) your teeth twice a day, your smile \_\_\_\_\_ (not stay) bright.
3. If you \_\_\_\_\_ (skip) breakfast, you \_\_\_\_\_ (feel) hungry and low on energy later in the day.
4. If you \_\_\_\_\_ (exercise) regularly, you \_\_\_\_\_ (feel) stronger and more energetic.
5. If you \_\_\_\_\_ (drink) enough water, your skin \_\_\_\_\_ (stay) hydrated and healthy.
6. If you \_\_\_\_\_ (not get) enough sleep, you \_\_\_\_\_ (find) it hard to concentrate.
7. If you \_\_\_\_\_ (not wear) sunscreen, you \_\_\_\_\_ (could get) sunburned and increase the risk of skin cancer.
8. If you \_\_\_\_\_ (eat) your vegetables every day, you \_\_\_\_\_ (provide) your body with essential nutrients.
9. If you \_\_\_\_\_ (wash) your hands before meals, you \_\_\_\_\_ (reduce) the risk of getting sick.
10. If you \_\_\_\_\_ (not exercise) regularly, you \_\_\_\_\_ (feel) sluggish and tired.



# CONDITIONALS

For hypothetical or impossible past situations  
(things that didn't happen).

If + **past perfect** + **would have** + **past participle**

- Affirmative: If you **had studied** harder, you **would have passed**.
- Negative: If she **hadn't missed** the bus, she **wouldn't have been** late.
- Question: What **would have happened** if you **had woken** up earlier?

## THIRD CONDITIONAL

### IDENTIFY THE CONDITIONAL FORM (2ND OR 3RD)

- 1 If I had studied more, I would have passed the test.
- 2 If I were you, I would take that job.
- 3 If she had left earlier, she wouldn't have missed the train.
- 4 If we won the lottery, we would buy a mansion.
- 5 If he had called me, I would have helped him.
- 6 If you practiced more, you would play the piano better.

2/3  
2/3  
2/3  
2/3  
2/3  
2/3

### FILL THE BLANK SPACES (ONLY 2ND OR 3RD)

- 1 If I \_\_\_\_ (be) taller, I \_\_\_\_ (play) basketball professionally.
- 2 If she \_\_\_\_ (study) harder, she \_\_\_\_ (pass) the exam last week.
- 3 If we \_\_\_\_ (have) more money, we \_\_\_\_ (travel) around the world.
- 4 If he \_\_\_\_ (wake) up earlier, he \_\_\_\_ (not/miss) his flight.
- 5 If you \_\_\_\_ (ask) me, I \_\_\_\_ (help) you yesterday.
- 6 If they \_\_\_\_ (not/spend) all their savings, they \_\_\_\_ (buy) a new car now.
- 7 If I \_\_\_\_ (meet) a celebrity, I \_\_\_\_ (take) a selfie with them.
- 8 If you \_\_\_\_ (not/eat) so much cake, you \_\_\_\_ (not/feel) sick now.
- 9 If she \_\_\_\_ (be) more confident, she \_\_\_\_ (apply) for the job.
- 10 If we \_\_\_\_ (leave) earlier, we \_\_\_\_ (not/get) stuck in traffic.