

1B Simple present and present continuous

Simple present

We use the simple present to describe:

- routines and habits:
*I **send** a lot of emails.*
- situations which are generally true or stay the same for a long time:
*He **doesn't work** very hard.*

We use adverbs of frequency with the simple present:

*I **always** / **sometimes** / **rarely** / **never** write letters.*
*I write letters **once** / **ten times** a week / **year**.*

The verb *be* doesn't have the same form as other verbs:

*I **am** a student. They **are** not here.*
*Is she always friendly? Yes, she **is**.*

Present continuous

We use the present continuous to describe:

- actions right now, at the moment of speaking:
*He's **not cooking** dinner. He's **watching** TV.*
- temporary actions around the present time:
*They're **traveling** around Asia this year.*

We often use these time expressions with the present continuous:

*I'm working at a supermarket **right now** / **these days** / **at the moment** / **today** / **this summer** etc.*

SPELLING: verb + *-ing*

Most verbs <i>sleep watch say</i>	+ -ing <i>sleeping watching saying</i>
Stressed vowel + one consonant (not w, x, y) <i>stop run get</i>	2x consonant + -ing <i>stopping running getting</i>
Consonant + -e <i>live make have</i>	- -e and + -ing <i>living making having</i>

01.12

	I / You / We / They	He / She / It
+	<i>We live next door.</i>	<i>He lives here.</i>
-	<i>I don't work here.</i>	<i>She doesn't work here.</i>
Y/N?	<i>Do your friends write emails? Yes, they do. / No, they don't.</i>	<i>Does your sister write a blog? Yes, she does. / No, she doesn't.</i>



Tip Some verbs, which describe feelings and states, are not usually used in continuous tenses:

*be like love hate prefer know understand
remember forget want own need*
*I **need** a new computer. NOT ~~I'm needing~~ a new computer.*
*He **doesn't understand** you. NOT ~~He isn't understanding~~ you.*

01.13

	I	He / She / It	You / We / They
+	<i>I'm watching TV.</i>	<i>She's helping.</i>	<i>We're working hard.</i>
-	<i>I'm not feeling well.</i>	<i>It's not raining.</i>	<i>They're not sleeping.</i>
Y/N?	<i>Am I looking all right? Yes, I am. / No, I'm not.</i>	<i>Is he working late? Yes, he is. / No, he's not.</i>	<i>Are they enjoying the party? Yes, they are. / No, they're not.</i>



Tip *Is not* and *are not* can be contracted two different ways:

is not = isn't = 's not
are not = aren't = 're not

1B Simple present and present continuous

a Choose the best ending for each sentence from each pair. Write the number in the box.

- | | |
|--|----------------------------------|
| 1 a ☐ I work in a bank, ... | 1 but I don't enjoy it. |
| b ☐ I'm working in a café, ... | 2 but it's only a summer job. |
| 2 a ☐ She drives to work every day, ... | 1 so she can't answer the phone. |
| b ☐ She's driving right now, ... | 2 so she spends a lot on gas. |
| 3 a ☐ I write to my parents ... | 1 because their phone's broken. |
| b ☐ I'm writing to my parents ... | 2 once a month. |
| 4 a ☐ We're not eating there ... | 1 today because it's full. |
| b ☐ We don't eat there ... | 2 because the food is awful. |

b Choose the correct answer.

- I eat / I'm eating* my lunch now. Can you wait?
- Look at that man! He *doesn't wear / isn't wearing* any shoes.
- She usually goes / She's usually going* to the movies on Tuesday nights.
- I study / I'm studying* hard because I have an exam next week.
- Some of my friends *look / are looking* at their phones every five minutes.
- My grandparents *hardly ever visit / are hardly ever visiting* us because they live in Australia.
- We want to finish the project tonight, so *we work / we're working* late.
- Is your brother liking / Does your brother like* computer games?



c Complete the conversation with the simple present or present continuous.

- A** What ¹ are you doing (you / do)?
- B** ² _____ (I / check) Instagram.
- A** Really? But you checked it about 20 minutes ago. How often ³ _____ (you / check) your account?
- B** Well, ⁴ _____ (I / usually check) my account once a day. But today's different. ⁵ _____ (my sister / travel) around Africa at the moment, and I'm worried about her.
- ⁶ _____ (she / usually send) me a message two or three times a day, but the last time she wrote was a week ago.
- A** Maybe ⁷ _____ (she / travel) right now, and she can't use the Internet. ⁸ _____ (she / go) on safari?
- B** No, I don't think so. ⁹ _____ (she / not like) the country. ¹⁰ _____ (she / prefer) cities. Oh ... look! Here's a message from her. You were right! ¹¹ _____ (she / drive) through the Masai Mara National Park right now.
- A** Where's that?
- B** ¹² _____ (it / be) in Kenya. ¹³ _____ (there / be) a lot of wild animals there.
- A** Cool ... that's amazing. So why ¹⁴ _____ (she / spend) her time on Instagram?