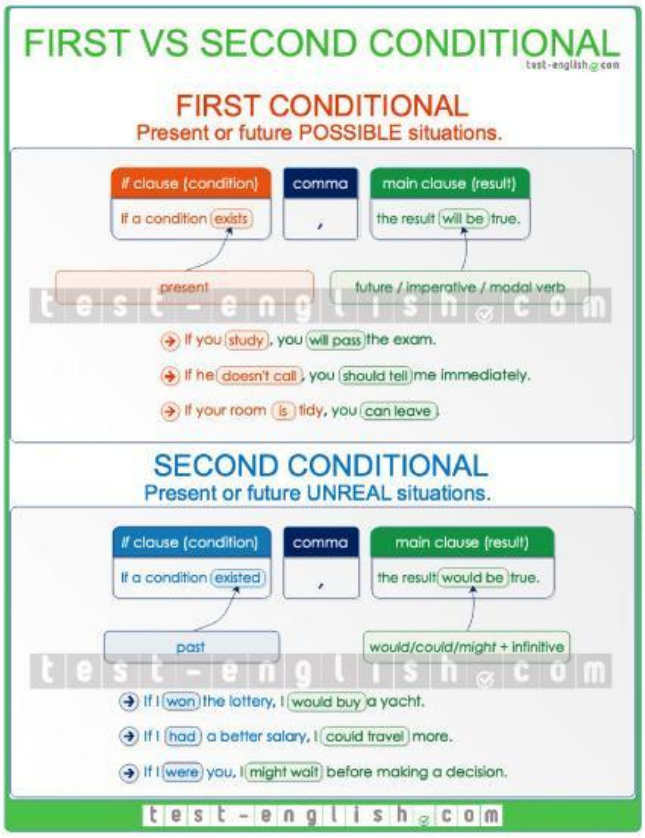

First conditional:

1. If you _____ your medication regularly, your symptoms _____ . *take, improve*
2. If your blood pressure _____ high, your doctor _____ a stronger medication. *be, prescribe*
3. If you _____ regularly, your cardiovascular health _____ . *exercise, improve*
4. If you _____ sunscreen before going out in the sun, you _____ your risk of sunburn. *apply, reduce*

Second conditional:

1. If you _____ your medication regularly, your symptoms _____ . *take, improve*
2. If your blood pressure _____ high, your doctor _____ lifestyle changes before prescribing medication. *be, suggest*
3. If you _____ regularly, your cardiovascular health _____ over time. *exercise, improve*
4. If you _____ sunscreen before going out in the sun, you _____ sunburned. *apply, get*

Choose the correct alternative:

1. If you (have, had) a fever, you should see a doctor for a diagnosis.
2. If you (eat, ate) too much fatty food, you might experience digestive issues.
3. If you (start, started) experiencing chest pain, you should seek immediate medical attention.
4. If you (forget, forgot) to take your allergy medication, you would experience allergy symptoms.
5. If you (exercise, exercised) regularly, your risk of developing heart disease would decrease.

LIVEWORKSHEETS