

Using Empathy



❖ **Someone called Kylie a bad name.**

How do you think she is feeling? _____

Have you ever felt this way before? YES NO

When? _____

When you felt this way, what helped you feel better? _____

What do you think you can say or do to help Kylie feel better?

❖ **Luanne broke the lamp while throwing the ball in the house.**

How do you think she is feeling? _____

Have you ever felt this way before? YES NO

When? _____

When you felt this way, what helped you feel better? _____

What do you think you can say or do to help Luanne feel better?

❖ **It's John's first day at his new school and he has no friends yet.**

How do you think he is feeling? _____

Have you ever felt this way before? YES NO

When? _____

When you felt this way, what helped you feel better? _____

What do you think you can say or do to help John feel better?

