



FOURTH QUARTERLY ASSESSMENT

HEALTH 9

Prepared by: Mr. Darwin M. Dominguez

Name: _____

Score: _____/70

Grade and Section: _____

Date: _____

IMPORTANT REMINDERS: Following instructions is part of the exam. Failure to follow instructions will cause a 5-point-deduction from the total raw score.

- I. Identify what is being asked or described in the sentence. Write your answer in the space provided before each number. (15 points)

Community Health	Environmental Health	Population Health
Hammock Carry	Firefighter Carry	Shoulder Pull
Tolerance	Addiction	Cocaine
Laceration	Puncture Wound	Incision
Sedatives	Ecstasy	Marijuana

- _____ 1. A mind altering drug that is derived from the dried leaves of the plant
"cannabis sativa"
- _____ 2. Also known as "methylinedioxymethamphetamine"
- _____ 3. Also known as "anxiolytics"
- _____ 4. These are linear cut injuries caused by sharp objects.
- _____ 5. This type of wound is produced when a sharp object pierces the skin and
causes a hole.
- _____ 6. These are similar to incisions in a way that they may be linear in injuries.
- _____ 7. White powder that can be inhaled or injected as a powerful pain reliever.
- _____ 8. Used to signify severe problems associated with substance use.
- _____ 9. The need to increase the dose or frequency of intake of a substance after a
prolonged or heavy use.
- _____ 10. This is preferred over the ankle pull because it protects the head.
- _____ 11. This method is used to transport a victim over long distances. This requires a
very strong rescuer because it is difficult to get the victim to this position.
- _____ 12. This method is used when transporting a victim through a flight of stairs or
narrow passageways.
- _____ 13. Deals with the health status of different communities.
- _____ 14. Concerned with the analysis and control of the environmental factors that
may affect health.
- _____ 15. Status of health of a defined group of people and the actions and
conditions that promote, protect, and preserve their health.

II. Give the full name of the following Health Law. (10 points)

16. RA 9729 = _____

17. RA 9003 = _____

18. RA 9275 = _____

19. RA 8749 = _____

20. RA 6969 = _____

III. Identify what is being described and asked, arrange the jumbled letters for the answer. Write your answer in the space provided before each number.

_____ 21. **STNALAHNI**- Substances in gas form that can be inhaled to exert effects on the body.

_____ 22. **CISOCTANR** - Used in medicine to relieve pain and induce sleep.

_____ 23. **ENIMATEHPMAHTEM EDIROLHCORDYH** - Commonly known as shabu a stimulant that commonly comes as a white powder.

_____ 24. **CAKP ARPST RRYAC** - This method is utilized when the victim has injuries and the firefighter carry is unsafe.

_____ 25. **NUDOW NIGSESDR** - Are used to add pressure on a wound to stop bleeding.

IV. Illustrate "Environmental Health Issue" based on what you have learned about the topic. (10 points)

RUBRICS	5	3	1
Creativity	A lot of thought and effort was used in the illustration.	Illustration is creative and some thought was put into it.	The illustration does not reflect any degree of creativity.
Completeness	The box has illustration and it maximized the space with details.	The box has illustration but little effort was showed.	The box has illustration but out of context.

V. PERFORMANCE: Compose a 3 to 4 stanza poem about "Drug Addictions".

RUBRICS	5	3	1
Creativity and Originality	Very creative ideas and illustrations.	Has some creative ideas and illustrations.	Shows little or no creativity.
Handwriting	Handwriting is neat with little visible eraser marks.	Handwriting is mostly neat with some eraser marks.	Handwriting is somewhat neat with many eraser marks.

- V. Create a sample statement about "Youth Addiction" using 5 words listed below. Underline the words in your statements.

Generation	Curious	Fearless	Consequences	Future
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VII. Name and illustrate the 4 commonly used or abused drugs. (12 points)

51-53. Nitrates	54-56. Rubber Cement
57-59. Ecstasy	60-62. Cocaine

VIII. Essay. Explain the following questions in 3-5 sentences. (10 points)

63-66. What are the primary factors contributing to the rise of drug addiction in modern society?

67-70. As a student, what do you think are the best strategy to stop drug addiction to the youth?

God is good! 😊
***** END OF EXAM *****