

mature

to succeed in dealing with or controlling a problem that has been preventing you from achieving smth;

appreciating

grown up, sensible

unbearable

the ability to do something well

anxious

to behave towards someone or something in a particular way

to overcome

too unpleasant, painful, or annoying to deal with

to cope with

to make an action or a process possible or easier;

a skill

to deal successfully with something difficult;

to loathe

to hate, to detest

to affect

worried about something

to treat

to influence

to facilitate

to make it possible for somebody to do something;

to enable

seeing the good side of something, welcoming

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1. What is your attitude to studies? Do you enjoy or them?
 2. What new have you learned at school?
 3. Can you call yourself a student / pupil?
 4. What your studies?
 5. What activities both parts of your brain to work?
 6. Do you have any methods to fear and it before tests?
 7. What can the school do to the talents of all the pupils?
 8. If you have a very difficult task to perform, do you try to with it yourself or you turn to others to help you?
 9. Have you ever a real joy from studying?
 10. Which of the following things your progress at school: your attitude to studies, your hard work, your talent?

1. One of the reasons why children learn fast is because they are **having / getting** fun.
2. When we **have / experience** stress, it **affects / appreciates** us in different ways.
3. If you want to **improve / develop** your performance at school, you should understand what **facilitates / appreciates** your success in studies and how to **cope with / about** stress, boredom and tiredness.
4. I **treat / enable** my studies and the learning process as a way to my future, a path to my future occupation.
5. While studying I am learning to **enable / appreciate** the opportunities that I get.
6. I would like to gain skills that could **enable / affect** me to learn faster and with fewer problems.
7. My teacher believes that if you can **overcome / undergo** your anxiety, you are a mature student.