CONSUMPTION AND CONSUMERISM.RESPONSIBLE CONSUMPTION STRATEGIES QUIZ

Choose the right answer:

1. What is consumerism?
a) A theory in economics promoting the idea of limited consumption
b) A social and economic order that encourages the acquisition of goods and services in ever-increasing amounts
c) A movement advocating for sustainable consumption practices

2. Which of the following is NOT a factor contributing to consumerism?
a) Advertising and marketing
b) Social media influence
c) Government regulations promoting sustainable consumption
d) Peer pressure

3. Consumerism is solely about the act of buying goods and services.
a) True
b) False

4. What is the term for the practice of buying goods or services as a way to express social status or identity?
a) Conspicuous consumption
b) Sustainable consumption
c) Frugal consumption

5. Which of the following is a potential consequence of excessive consumerism?
a) Environmental degradation
b) Economic inequality
c) Psychological stress
d) All of the above

6.What is responsible consumption?
a) Buying products in bulk
b) Purchasing only luxury items
c) Making purchasing decisions that consider the environmental, social, and ethical impacts

7. Which of the following is an example of responsible consumption?
a) Buying products with excessive packaging
b) Purchasing products made with unsustainable materials
c) Choosing products with minimal packaging and made from sustainable materials

8. True or False: Responsible consumption only focuses on environmental impacts.
a) True
b) False

9. What is the "reduce" strategy in responsible consumption?
a) Buying more products than needed
b) Minimizing waste by buying only what is necessary
c) Purchasing products with excessive packaging

10. Which of the following is NOT a way to practice responsible consumption?
a) Repairing broken items instead of immediately replacing them
b) Buying products from companies with unethical labor practices
c) Choosing products that are durable and have a longer lifespan

11. What is the purpose of the "reuse" strategy in responsible consumption?
a) Recycling products after use
b) Buying new products regularly
c) Extending the lifespan of products by using them multiple times

12. Which of the following is an example of responsible consumption in the food industry?
a) Throwing away excess food without attempting to use it
b) Purchasing locally grown and organic produce
c) Buying single-use plastic containers for food storage

13. True or False: Responsible consumption encourages impulse buying and overconsumption.
a) True
b) False

14. What is the "recycle" strategy in responsible consumption?
a) Repurposing old items for new uses
b) Disposing of products in landfills
c) Sending products to recycling facilities to be turned into new materials

15. How does responsible consumption contribute to sustainable development?
a) By increasing waste production
b) By conserving resources and reducing environmental impact
c) By promoting overconsumption and excessive spending

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