



Listen and number. Then sing the song.

¹Wake up, ²get up.
Go and ³have a shower.
Wake up, get up.
Time for us to run!

Get your ⁴towel, get dry.
Now go and ⁵get dressed.
Get your towel, get dry.
Time for us to run!

Sit down for breakfast.
Milk or juice for you?
Sit down for breakfast.
Time for us to run!

Clean your teeth.
⁶Toothpaste on your ⁷toothbrush.
Clean your teeth.
Time for us to run!

Wake up, get up,
Go and have a shower.
Wake up, get up,
Get dressed, ⁸have breakfast,
Clean your teeth and run!

Time for us to run! (x3)

