



# How is heart disease different for women and men?



**Authors:**  
Edina Cenko, Olivia Manfrini,  
Raffaele Bugiardini and others

**Associate Editors:**  
Juliet Roll and Alexandra Appleton

<https://www.sciencejournalforkids.org/articles/how-is-heart-disease-different-for-women-and-men/>



## Match the word with the translation.

artery

blood

disease

кровь



сердечная  
недостаточность

заболевание

heart attack

heart failure

reperfusion therapy

сердечный приступ

реперфузионная  
терапия

пол



sex

treatment

артерия



лечение

## Answer the questions.

- What is the main topic of the text?
  - how different body parts work
  - how men and women respond to heart problems
  - how to prevent heart disease
  - how doctors treat heart attacks
- What is one way the female body responds differently to heart problems?
  - women are less likely to develop heart disease
  - women are more likely to die because of heart problems
  - women receive better treatment for heart problems
  - women have stronger hearts than men
- What is the main cause of the difference in how men and women respond to heart problems?
  - women live longer than men
  - women are less physically active
  - researchers are not sure of the exact reason
  - women have weaker hearts
- What is one type of heart treatment that women were less likely to receive compared to men?
  - surgery
  - medication
  - rehabilitation
  - reperfusion therapy

## True or False ?

- The author wanted to know how the male body responds to serious heart problems.
- Female patients died more than male patients.
- Men and women's bodies respond similarly to heart disease.
- Heart failure means your heart is pumping too much blood.
- Women went to the hospital later than men after they started having heart problems.

## Match the sentence with the part of the text.

As more women become scientists, we can expect more research on women's health!

INTRODUCTION

Just under 3% more women than men had heart failure when they checked in (Fig.2).

RESULTS

We also wanted to learn more about how heart disease works in female bodies.

CONCLUSION