

UNIT 8

Sports and Exercise

Getting Ready

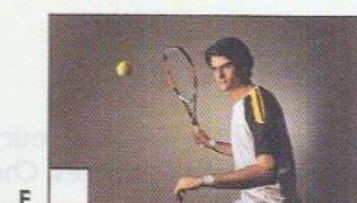
Match each picture with the correct word.



- | | | | |
|-----------------------|---------------------|-------------------------|----------------------|
| 1. windsurf <u>J</u> | 4. play golf ____ | 7. play basketball ____ | 10. play soccer ____ |
| 2. play baseball ____ | 5. go to a gym ____ | 8. play volleyball ____ | 11. ride a bike ____ |
| 3. ski ____ | 6. play tennis ____ | 9. swim ____ | 12. run ____ |

CD 1-41 Listening 1

People are talking about sports and exercise. Listen and number the pictures.



Listening 2

CD 1-42 ► Task 1

What sport or activity is the person talking about?
Listen and circle the correct answer.

- | | |
|--|--|
| 1. a. swimming
(b.) going to the gym
c. jogging | 4. a. playing tennis
b. watching TV
c. reading |
| 2. a. playing volleyball
b. playing golf
c. playing soccer | 5. a. swimming
b. jogging
c. windsurfing |
| 3. a. playing baseball
b. playing soccer
c. playing tennis | 6. a. diving
b. riding a bicycle
c. walking |



CD 1-42 ► Task 2

Listen again. What do you think each person says next?
Circle the correct answer.

- | | |
|--|--|
| 1. (a.) Yes, about three times a week.
b. Yeah, I'm getting lazy.
c. Yeah, I'm tired. | 4. a. I know, but I'm lazy.
b. No, thanks. I'm tired.
c. Yeah, reading is fun. |
| 2. a. Yeah, I'd love to.
b. I enjoy skiing.
c. Yeah, you're right. | 5. a. It's too hot.
b. Yeah, I'd love to.
c. I don't like the cold. |
| 3. a. Volleyball is tiring.
b. Volleyball. It's my favorite.
c. Tennis is expensive. | 6. a. In the car.
b. In the morning.
c. In the park. |

Listening 3

CD 1-43 ► Task 1

People are talking about how they spend their free time. Listen and check (✓) the correct information.

	Exercises a lot	Exercises a little	Never exercises
1. Bill	☒	☐	☐
2. Liz	☐	☐	☐
3. Victor	☐	☐	☐
4. Maria	☐	☐	☐
5. David	☐	☐	☐



CD 1-43 ► Task 2

Listen again. Match the names on the left with the activities on the right.

- | | |
|----------------------|----------------------|
| 1. Bill <u>c</u> | a. golfs |
| 2. Liz <u> </u> | b. bicycles |
| 3. Victor <u> </u> | c. plays baseball |
| 4. Maria <u> </u> | d. takes walks |
| 5. David <u> </u> | e. plays video games |



Conversation Corner Talking about sports

Pronunciation

Sentence stress

CD 1-44 ► Task 1

Listen and repeat.

1. I **plá**y **tén**nis a **lót**.
2. I **lí**ke to **tá**ke **wá**lks.
3. What **spó**rts do you **plá**y?
4. Do you like **wá**tching **spó**rts?

CD 1-45 ► Task 2

Listen. Mark the stressed words.

1. I **gó** to the **gým** every **dáy**.
2. I watch a lot of baseball on **TV**.
3. What do you do on **weekends**?
4. Do you play **tennis**?

Dictation

CD 1-46 ► Task 1

Listen to the conversation. Write the missing words.

A: Do you _____ any _____, Nick?

B: Yes, I love playing sports. But my _____ sport is _____.

A: Really? Are you on a team?

B: Yeah, I am. It's a lot of _____.

A: How _____ do you _____?

B: Oh, about _____ a _____. So, how about you? Do you play sports?

A: Well, it depends. Do you think playing video games is a sport?

B: Umm. . . I'm not sure about _____.

► Task 2

Practice the conversation with a partner. Be sure to stress the correct words.

Conversation

Work in pairs. Think about sports you like to play and watch. Then talk to your partner about why you like them.

Pronunciation Help

Tap your desk as you say the sentences. It will help you hear which words and syllables are stressed.

TACTICS FOR TESTING
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