

1. According to the video, what is the main problem with fast fashion?

- A. It promotes individuality
- B. It is produced too quickly to satisfy consumer demand.
- C. Consumers discard clothes too frequently.



2. What does the speaker suggest consumers do to be more sustainable in their clothing choices?

- A. Buy clothes only when they need them.
- B. Donate unwanted clothes to charity.
- C. Both A and B

3. What is the speaker's view on whether it is possible to achieve complete sustainability in the fashion industry?

- A. The fashion industry is already sustainable enough.
- B. It is not possible to achieve complete sustainability, but the impact can be radically reduced.
- C. Sustainability is not important in the fashion industry.

4. According to the speaker, what is one of the factors driving the unsustainability of the fashion industry?

- A. High production costs.
- B. Consumers' desire for constant novelty.
- C. Lack of transparency from fashion companies.

5. What does the speaker suggest as a way to make fashion more sustainable?

- A. Embracing new, more environmentally responsible technologies.
- B. Focusing on quality over quantity.
- C. Both A and B

6. What does the speaker say about the UK's role in the fashion industry?

- A. The UK has been a leader in sustainable and responsible fashion.
- B. The UK's fashion industry is particularly unsustainable.
- C. The UK should follow the example of other countries in a sustainable fashion.

7. What does the speaker suggest consumers do to make their wardrobes more sustainable?

- A. Buy fewer clothes and only what they need.
- B. Dispose of unwanted clothes responsibly.
- C. Both A and C