

**A** Label the picture. Use the words in the box.

banana butter  
rice egg peach  
water cereal carrot  
cheese pepper  
milk doughnut



**B** Now put the words under the correct heading.

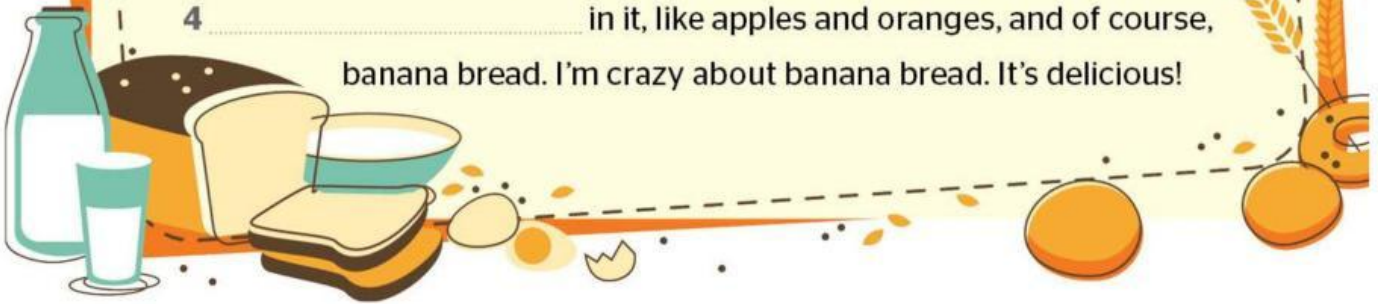
banana butter rice egg peach water cereal  
carrot cheese pepper milk doughnut

Countable	Uncountable

**C Complete with the words in the box.**

fruit   energy   meal   healthy

Breakfast is a very important 1 ..... I need  
2 ..... every day for school and other activities, so I  
always have a 3 ..... breakfast in the morning. What  
do I have every day? My favourite breakfast is a smoothie with lots of  
4 ..... in it, like apples and oranges, and of course,  
banana bread. I'm crazy about banana bread. It's delicious!



**E Complete with a, an or some.**

1. My father has ..... egg  
and ..... milk for breakfast.

3. Have ..... yoghurt with  
..... nuts. It's very healthy.

2. Do you want ..... tea?

4. You can buy .....  
milkshake and .....  
crisps at the food stand.

5. My mother always drinks .....  
orange juice in the morning.

6. Tracy sometimes eats .....  
apple after lunch.



**D Write the plural of the words in the box in the correct column.**

strawberry potato shelf vegetable tomato peach person  
egg fish cherry foot banana family

-s	-es	-ies	-ves	irregular

**A Look at the pictures and find the words in the grid. Then write the words.**



U	M	C	H	I	P	S	M	Y	I	D	N
H	E	B	E	U	P	K	F	O	T	D	T
F	Q	L	E	M	O	N	A	D	E	C	B
C	H	E	E	S	E	B	U	R	G	E	R
K	S	A	N	D	W	I	C	H	Z	J	C
F	B	I	S	C	U	I	T	B	G	F	A
X	O	T	N	X	U	Z	N	L	Z	T	K
D	T	I	C	H	O	C	O	L	A	T	E
H	W	S	T	F	M	Z	Z	U	R	Z	P
U	S	C	U	P	C	A	K	E	G	V	T





**F** Look at the picture and write sentences, as in the example.  
Use **a**, **an** or **some**.



*There is some pasta.*

**B** Look at the table and complete the sentences about Greg. Use **some**, **any**, **a lot of** and **lots of**, as in the example.

at school	biscuits ✗	orange juice ✓✓✓	milk ✓
in the morning	cereal ✓	nuts ✓	
in the afternoon	fruit ✓✓✓	yoghurt ✓	bananas ✗
in the evening	pasta ✓	vegetables ✓✓✓	
at the park	ice cream ✓	lemonade ✗	cupcakes ✗



On weekdays, Greg drinks **lots of / a lot of** orange juice at school, but he doesn't eat **any** biscuits. Sometimes, he has **some** milk from the school canteen.

In the morning, Greg sometimes has 1 \_\_\_\_\_ cereal with 2 \_\_\_\_\_ nuts.

In the afternoon, he has 3 \_\_\_\_\_ yoghurt with 4 \_\_\_\_\_ fruit. But he doesn't eat 5 \_\_\_\_\_ bananas. He hates them.